





Holly House March 2019

Meadowood Senior Living Life Enrichment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities are in the Living Room unless otherwise indicated. See the TV Monitors for more up-to-date information</p>	<p>AUD—Auditorium TT— Tulip Terrace HC Horticulture Center WG— Woodland Garden HH-Holly House LH-Laurel House LIB— Library</p>	<p>LR— Living Room MDR-Main Dining Room SA— See Activities</p>	 <p>Everyone's Irish On March 17th.</p>		<p>1</p> <p>9:30 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Bingo, LHLR</p>	<p>2</p> <p>10:00 Saturday Stretch 3:00 March Facts & Trivia 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>3</p> <p>10:00 Sunday Stretch , LHLR 2:00 Christian Worship, LHLR 3:00 Mind Aerobics</p>	<p>4</p> <p>9:30 Move & Groove 1:45 Blooming Bubs, HC 3:00 Pampered Hands & Pretty Nails</p>	<p>5</p> <p>10:15 Sit & Fit, LHLR 11:00 Hymn Sing, LHLR 1:30 Craft Creations</p>	<p>6</p> <p>9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Ring Toss 3:00 Computer Games 6:30 Baking Club, LHLR</p>	<p>7</p> <p>10:15 Sit & Fit 1:30 Women's Club, LHLR 1:30 Sensory Club 2:45 Wii Bowling, LHLR 3:00 Computer Games 6:30 Prize Bingo, LHLR</p>	<p>8</p> <p>9:30 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Bingo, LHLR</p>	<p>9</p> <p>10:00 Saturday Stretch 3:00 Reminisce 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>10</p> <p> Day Light Savings! Turn Clocks Forward!</p> <p>10:00 Sunday Stretch , LHLR 2:00 Christian Worship, LHLR 3:00 Mind Aerobics</p>	<p>11</p> <p>9:30 Move & Groove 1:45 Table Games 3:00 Pampered Hands & Pretty Nails</p>	<p>12</p> <p>10:15 Sit & Fit, LHLR 11:00 Hymn Sing, LHLR 1:30 Craft Creations</p>	<p>13</p> <p>9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Balloon Volley 3:00 Resident Council Meeting, LHLR 6:30 Games Night, LHLR</p>	<p>14</p> <p>10:15 Sit & Fit 2:00 Birthday Celebration with Dean (Crooners Show) 6:30 Prize Bingo, LHLR</p>	<p>15</p> <p>9:30 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Bingo, LHLR</p>	<p>16</p> <p>10:00 Saturday Stretch 3:00 Craft Creations 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>17</p> <p></p> <p>10:00 Sunday Stretch , LHLR 2:00 Christian Worship, LHLR 3:00 Mind Aerobics</p>	<p>18</p> <p>9:30 Move & Groove 11:15 Lunch Trip, SA 1:45 Flower Arranging HC 3:00 Pampered Hands & Pretty Nails</p>	<p>19</p> <p>10:15 Sit & Fit, LHLR 11:00 Hymn Sing, LHLR 1:30 Craft Creations</p>	<p>20</p> <p>9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Horseshoes 3:00 Computer Games 6:30 Baking Club, LHLR</p>	<p>21</p> <p>10:15 Sit & Fit 1:30 Women's Club, LHLR 1:30 Sensory Club 2:45 Wii Bowling, LHLR 3:00 Computer Games 6:30 Prize Bingo, LHLR</p>	<p>22</p> <p>9:30 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Bingo, LHLR</p>	<p>23</p> <p>10:00 Saturday Stretch 3:00 Domino Mania 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>24</p> <p>10:00 Sunday Stretch , LHLR 2:00 Christian Worship, LHLR 3:00 Mind Aerobics</p>	<p>25</p> <p>9:30 Move & Groove 1:30 Shopping Trip, SA 1:45 Fun with Spuds, HC 3:00 Pampered Hands & Pretty Nails</p>	<p>26</p> <p>10:15 Sit & Fit, LHLR 11:00 Hymn Sing, LHLR 1:30 Craft Creations</p>	<p>27</p> <p>9:30 Workout Wednesday 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Bowling 3:00 Computer Games 6:30 Games Night, LHLR</p>	<p>28</p> <p>10:15 Sit & Fit 1:30 Women's Club, LHLR 1:30 Sensory Club 2:45 Wii Bowling, LHLR 3:00 Computer Games 6:30 Prize Bingo, LHLR</p>	<p>29</p> <p>9:30 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Bingo, LHLR</p>	<p>30</p> <p>10:00 Saturday Stretch 3:00 Sensory Club 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p>
<p>31</p> <p>10:00 Sunday Stretch , LHLR 2:00 Christian Worship, LHLR 3:00 Mind Aerobics</p>					<p>Director of Life Enrichment Angelique Riley Ext 3698</p> <p>Life Enrichment Office Ext 3605</p>	<p style="font-size: 2em; color: blue;">Thank You</p>  <p style="color: blue;">for your Kindness</p>