




Laurel House March 2019

Meadowood Senior Living Life Enrichment

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>All Activities are in the Living Room unless otherwise indicated. See the TV Monitors for more up-to-date information</p>	AUD—Auditorium TT— Tulip Terrace HC Horticulture Center WG— Woodland Garden HH-Holly House LH-Laurel House LIB— Library	LR— Living Room MDR-Main Dining Room SA— See Activities	 <p style="text-align: center;">Everyone's Irish On March 17th.</p>		1 10:15 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Prize Bingo	2 10:45 Saturday Stretch 1:30 March Trivia & Facts 4:15 Roman Catholic Service, AUD 6:30 Movie Night
3 10:45 Sunday Stretch 11:00 Mind Aerobics 2:00 Christian Worship	4 10:15 Move & Groove 11:00 Current Events 1:45 Table Games 3:00 Computer Games	5 10:15 Sit & Fit 11:00 Hymn Sing 1:45 Blooming Buds, HC 3:00 Pampered Hands & Pretty Nails	6 10:15 Workout Wednesday 1:00 Tai Chi 1:30 Men's Club, LIB 3:00 Word Games 6:30 Baking Club	7 10:15 Sit & Fit 1:30 Women's Club 2:45 Wii Bowling 6:30 Prize Bingo	8 10:15 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Prize Bingo	9 10:45 Saturday Stretch 1:30 Card Games 4:15 Roman Catholic Service, AUD 6:30 Movie Night
10 Day Light Savings Turn Clocks Forward!  10:45 Sunday Stretch 11:00 Mind Aerobics 2:00 Christian Worship	11 10:15 Move & Groove 11:00 Current Events 1:45 Horseshoes 3:00 Computer Games	12 10:15 Sit & Fit 11:00 Hymn Sing 1:45 Table Games 3:00 Pampered Hands & Pretty Nails	13 10:15 Workout Wednesday 1:00 Tai Chi 1:30 Men's Club, LIB 3:00 Resident Council LR 6:30 Games Night	14 10:15 Sit & Fit 2:00 Birthday Celebration with Dean (Crooners Show) 6:30 Prize Bingo	15 10:15 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Prize Bingo	16 10:45 Saturday Stretch 1:30 Word Games 4:15 Roman Catholic Service, AUD 6:30 Movie Night
17  10:45 Sunday Stretch 11:00 Mind Aerobics 2:00 Christian Worship	18 10:15 Move & Groove 11:00 Current Events 11:00 Lunch Trip, SA 1:45 Name that Song with Melissa 3:00 Computer Games	19 10:15 Sit & Fit 11:00 Hymn Sing 1:45 Flower Arranging, C 3:00 Pampered Hands & Pretty Nails	20 10:15 Workout Wednesday 1:00 Tai Chi 1:30 Men's Club, LIB 3:00 Word Games 6:30 Baking Club	21 10:15 Sit & Fit 1:30 Women's Club 2:45 Wii Bowling 6:30 Prize Bingo	22 10:15 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Prize Bingo	23 10:45 Saturday Stretch 1:30 Horseshoes 4:15 Roman Catholic Service, AUD 6:30 Movie Night
24 10:45 Sunday Stretch 11:00 Mind Aerobics 2:00 Christian Worship	25 10:15 Move & Groove 11:00 Current Events 1:30 Shopping Trip, SA 1:45 Card Games 3:00 Computer Games	26 10:15 Sit & Fit 11:00 Hymn Sing 1:45 Fun with Spuds HC 3:00 Pampered Hands & Pretty Nails	27 10:15 Workout Wednesday 1:00 Tai Chi 1:30 Men's Club, LIB 3:00 Word Games 6:30 Games Night	28 10:15 Sit & Fit 1:30 Women's Club 2:45 Wii Bowling 6:30 Prize Bingo	29 10:15 Friday Fitness 11:00 Ecumenical Service, AUD 1:45 Prize Bingo	30 10:45 Saturday Stretch 1:30 Word Games 4:15 Roman Catholic Service, AUD 6:30 Movie Night
31 10:45 Sunday Stretch 11:00 Mind Aerobics 2:00 Christian Worship					Director of Life Enrichment Angelique Riley Ext 3698 Life Enrichment Office Ext 3605	