


Holly House Life Enrichment May 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Programs are subject to change. Please see the digital monitors for more up-to-date information</p> <p>Director of Life Enrichment 'Angelique Riley Ext 3698 or Ext 3605</p> | <p>All Activities are in the Living Room unless otherwise indicated.</p> <p>AUD— Auditorium TT—Tulip Terrace HC. Horticulture Center WG— Woodland Gar-</p> | <p>HH- Holly House LH— Laurel House LIB— Library LR—Living Room MDR— Main Dining Room SA— See Activities</p> | <p>1 9:30 Workout Wednesday 10:15 Computer Games 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Wii Bowling 3:00 Computer Games 6:30 Baking Club, LHLR</p> | <p>2 10:15 Sit & Fit, LHLR 2:00 Birthday Celebration with Lori 6:30 Prize Bingo, LHLR</p> | <p>3 9:30 Friday Fitness 10:15 Sing Along 11:00 Ecumenical Service, AUD 1:45 Sensory Club 1:45 Bingo, LHLR 3:00 Horseshoes 4:00 Shabbat PRVT DR</p> | <p>4 Kentucky Derby Wear your Hat 10:00 Saturday Stretch 2:00 Kentucky Derby Games and Refreshments 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p> |
| <p>5 10:00 Sunday Stretch 2:00 Christian Worship LH LR 3:00 Domino Mania</p> | <p>6 9:30 Easy Listening 10:00 Move & Groove 1:30 Drum Fit, LHLR 3:00 Pretty Nails & Pampered Hands</p> | <p>7 10:15 Sit & Fit, LH 11:00 Sing Along 1:30 Creative Expressions 3:00 Table Games</p> | <p>8 9:30 Workout Wednesday 10:15 Computer Games 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Wii Bowling 3:00 Resident Council Meeting LR 6:30 Games Night, HLR</p> | <p>9 10:15 Sit & Fit, LHLR 1:45 Word Games 1:45 Women's Club, LHLR 2:45 Wii Bowling, LHLR 6:30 Prize Bingo, LHLR</p> | <p>10 9:30 Friday Fitness 10:15 Sing Along 11:00 Ecumenical Service, AUD 1:30 Sensory Club 1:45 Bingo, LHLR 3:00 Ring Toss</p> | <p>11 10:00 Saturday Stretch 3:00 Reminisce 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p> |
| <p>12 10:00 Sunday Stretch 2:00 Christian Worship with Lansdale Presbyterian, LHLR 3:00 Mother's Day Tea, LHLR</p> | <p>13 9:30 Easy Listening 10:00 Move & Groove 11:15 Lunch Trip to William Penn INN, SA 1:30 Drum Fit, LHLR 1:45 The Beauty of Spring, HC 3:00 Pretty Nails & Pampered Hands</p> | <p>14 10:15 Sit & Fit, LH 11:00 Sing Along 1:30 Creative Expressions 3:00 Meadowood Chorus, LHLR</p> | <p>15 9:30 Workout Wednesday 10:15 Computer Games 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Wii Bowling 3:00 Computer Games 6:30 Baking Club, National Chocolate Chip Day LHLR</p> | <p>16 10:15 Sit & Fit, LHLR 1:45 Card Games 1:45 Women's Club, LHLR 2:45 Wii Bowling, LHLR 6:30 Prize Bingo, LHLR</p> | <p>17 10:15 Conductorsize with Eileen, LH 11:00 Ecumenical Service, AUD 1:30 Sensory Club 1:45 Bingo, LHLR 3:00 Basketball Toss</p> | <p>Armed Forces Day 18 10:00 Saturday Stretch 3:00 Patriotic Sing Along 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p> |
| <p>19 10:00 Sunday Stretch 2:00 Christian Worship With Central Schwenkfelder, LHLR 3:00 Name that Tune</p> | <p>20 9:30 Easy Listening 10:00 Move & Groove 1:30 Drum Fit, LHLR 1:45 Tea in the Stratton Garden 3:00 Pretty Nails & Pampered Hands</p> | <p>21 10:15 Sit & Fit, LH 11:00 Sing Along 1:30 Creative Expressions 3:00 Table Games</p> | <p>22 9:30 Workout Wednesday 10:15 Computer Games 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Wii Bowling 3:00 Computer Games 6:30 Games Night, LHLR</p> | <p>23 10:15 Sit & Fit, LHLR 1:45 Scrabble 1:45 Women's Club, LHLR 2:45 Wii Bowling, LHLR 6:30 Prize Bingo, LHLR</p> | <p>24 9:30 Friday Fitness 10:15 Sing Along 11:00 Ecumenical Service, AUD 1:30 Sensory Club 1:45 Bingo, LHLR 3:00 Bean Toss</p> | <p>25 10:00 Saturday Stretch 3:00 Tell your Jokes 4:15 Roman Catholic Service, AUD 6:30 Movie Night, LHLR</p> |
| <p>26 10:00 Sunday Stretch 2:00 Christian Worship Episcopalian 3:00 Trivia</p> | <p>Memorial Day 27 9:30 Easy Listening 10:00 Move & Groove 2:00 Water Ice and Trivia, LHLR</p> | <p>28 10:15 Sit & Fit, LH 11:00 Sing Along 1:30 Pretty Nails & Pampered Hands 3:00 Table Games</p> | <p>29 9:30 Workout Wednesday 10:15 Computer Games 1:00 Tai Chi, LHLR 1:30 Men's Club, LHLIB 1:45 Wii Bowling 3:00 Computer Games 6:30 Baking Club, National Biscuit Day LHLR</p> | <p>30 10:15 Sit & Fit, LHLR 1:45 Pokeno 1:45 Women's Club, LHLR 2:45 Wii Bowling, LHLR 6:30 Prize Bingo, LHLR</p> | <p>31 9:30 Friday Fitness 10:15 Sing Along 11:00 Ecumenical Service, AUD 1:30 Sensory Club 1:45 Bingo, LHLR 3:00 Toss and Talk</p> |  <p>Meadowood Senior Living</p> |

To Provide the highest quality of life to all who experience the Meadowood Community.