

# Holly House Life Enrichment September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Location Key:</b>  <b>Ch 1978:</b>  <b>This program is on your TV. Please turn the TV in your room to channel 1978</b>  <b>SG—Stratton Garden (outdoors)</b>  <b>LR—Living Room (limit of 10 people)</b>  <b>Cart—Will come room to</b></p>		<p><b>1</b>            10:00 Balance—Ch 1978            10:00 Horticulture: Gardening-LR            11:00 Trivial Pursuit—LR            11:00 Sing-Along: Songs of Love and Laughter—Ch 1978            1:30 Outdoor Social            3:30 Big Band Music—LR            7:00 <i>A Man Named Pearl</i>—Ch 1978</p>	<p><b>2</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:30 Sit &amp; Fit—LR            11:00 Travelogue: Midwest USA—Ch 1978            1:00 Name That Tune—Ch 1978            2:00 Video Calls            3:00 Menu Help            6:30 Evening Baking: Baking with Blueberries—LR</p>	<p><b>3</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:15 Bing Bag Toss—LR            10:30 Catholic Communion            11:00 Timeless Trivia—Ch 1978            11:00 Video Calls            1:30 Outdoor Social            2:30 Wii Bowling—LR            3:15 Sing-Along—LR</p>	<p><b>4</b>            9:00 Sit &amp; Fit—Ch 1978            10:00 Word Games-LR            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:30 Happy Hour Cart            7:00 Movie Night: <i>Knives Out</i>—Ch 1978</p>	<p><b>5</b>            10:00 Exercise—LR            2:30 Kentucky Derby Fun: Horseracing—LR            7:00 Movie Night: <i>Forrest Gump</i>—Ch 1978</p>
<p><b>6</b>            10:00 Exercise—LR            1:10 Phillies Watch Social—LR            3:15 Coffee Ice Cream Cart—LR</p>	<p><b>7 Labor Day</b>            9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>Seabiscuit</i>—Ch 1978            10:30 Sit &amp; Fit—LR            1:10 Phillies Watch Social—LR            1:30 Outdoor Social            3:00 Bean Bag Toss—LR</p>	<p><b>8</b>            10:00 Balance—Ch 1978            10:00 Horticulture: House Plants Galore—LR            11:00 Word Games—LR            11:00 Sing-Along: Songs for the Soul—Ch 1978            1:30 Outdoor Social            3:30 Manicures—LR            7:00 <i>Ken Burns: The Address</i>—Ch 1978</p>	<p><b>9</b> 9:00 Yoga—Ch 1978            10:00 Resistance Train—Ch 1978            10:30 Sit &amp; Fit—LR            10:30 Catholic Communion            11:00 Travelogue: Native American Indians—Ch 1978            1:00 Name That Tune—Ch 1978            2:00 Video Calls            3:00 Menu Help  <b>3:30 Resident Council Questionnaire</b>            6:30 Baking: Italian Love Cake—LR</p>	<p><b>10</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:30 Chair Exercise—LR            11:00 Dean Martin—Ch 1978            2:00 National Apple Dumping Day—LR            3:30 Video Calls</p>	<p><b>11</b>            9:00 Sit &amp; Fit—Ch 1978            10:15 Patriot's Day Entertainment with Bruce Copp—SG            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:30 Mocktail Cart            7:00 Movie Night: <i>Three Days of the Condor</i>—Ch 1978</p>	<p><b>12</b>            10:00 Chair Aerobics—LR            2:30 Dominoes—LR            7:00 Movie Night: <i>Akeelah and the Bee</i>—Ch 1978</p>
<p><b>13</b>            10:00 Move &amp; Groove—LR            1:10 Phillies Watch Social—LR            2:00 Opera: Fidelio—Ch 1978            3:00 Grandparent's Day Fun—LR</p>	<p><b>14</b> 9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>7 Days in September</i>—Ch 1978            10:30 Sit &amp; Fit—LR            10:30 Chaplain Visits            11:00 Voting Assistance—LR            1:30 Outdoor Social            3:00 Berlin Philharmonic Orchestra: Gustavo Dudame—Ch 1978            3:15 Cream Filled Doughnut</p>	<p><b>15</b>            10:00 Balance—Ch 1978            10:00 Chair Exercise—LR            11:00 September Trivia—LR            11:00 Sing-Along: Grandma's Parlour—Ch 1978            1:30 Outdoor Social            3:00            7:00 <i>My Architect: A Son's Journey</i>—Ch 1978</p>	<p><b>16</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:30 Sit &amp; Fit—LR            11:00 Travelogue: Historical Icons—Ch 1978            1:00 Name That Tune—Ch 1978            2:00 Video Calls            3:00 Menu Help            6:30 Evening Baking: Pina Colada Cheesecake—LR</p>	<p><b>17</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:15 Categories—LR            10:30 Catholic Communion            11:00 Timeless Trivia—Ch 1978            11:00 Video Calls            1:30 Outdoor Social            2:00 Birthday Party with Unforgettable—SG            3:15 Birthday Cake Cart</p>	<p><b>18</b>            9:00 Sit &amp; Fit—Ch 1978            10:00 Chair Exercise—LR            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:30 Happy Hour Cart            4:00 Shabbat—LHLib            7:00 Movie Night: <i>Spy Game</i>—Ch 1978</p>	<p><b>19</b>            10:00 Move &amp; Groove—LR            2:30 National Butterscotch Pudding Day Cart            4:15 Catholic Mass—Ch 1978            7:00 Movie Night: <i>Hidden Figures</i>—Ch 1978</p>
<p><b>20</b>            10:00 Chair Aerobics—LR            3:00 National Punch Day Hydration Cart—LR</p>	<p><b>21</b>            9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>See You in September</i>—Ch 1978            10:30 Sit &amp; Fit—LR            10:30 Chaplain Visits            1:30 Outdoor Social            3:00 Manicures—LR</p>	<p><b>22</b> 10:00 Balance—Ch 1978            10:00 Horticulture: Traveling Plants            11:00 Word Search—LR            11:00 Sing-Along: Happy Days—Ch 1978            1:30 Outdoor Social            3:00 Uno—LR            7:00 <i>Fred Astaire and Ginger Rogers</i>—Ch 1978</p>	<p><b>23</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:30 Sit &amp; Fit—LR            11:00 Travelogue: Faces and Places—Ch 1978            1:00 Name That Tune—Ch 1978            2:00 Video Calls            3:00 Menu Help            6:30 Evening Baking: Cookie Decorating at the Bakery—LR</p>	<p><b>24</b>            9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:15 Balloon Volleyball—LR            10:30 Catholic Communion            11:00 Video Calls            11:00 Dean Martin—Ch 1978            2:00 Ed Eisen Zoom Performance—LR            3:15 All About Birds—LR</p>	<p><b>25</b>            9:00 Sit &amp; Fit—Ch 1978            10:00 The Price is Right—LR            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:30 100th Birthday—LR            3:30 Mocktail Cart            7:00 Movie Night: <i>Assassination Tango</i></p>	<p><b>26</b>            10:00 Johnny Appleseed Day Applesauce Making—LR            2:30 World of Dance Party—LR            4:15 Catholic Mass—Ch 1978            7:00 Movie Night: <i>The Good Liar</i>—Ch 1978</p>
<p><b>27</b>            10:00 Exercise—LR            3:10 Phillies Watch Party—LR</p>	<p><b>28</b> 9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>The Horse Whisperer</i>—Ch 1978            10:30 Sit &amp; Fit—LR            10:30 Chaplain Visits            1:30 Outdoor Social            3:00 Berlin Philharmonic Orchestra: Andris Nelsons—Ch 1978            3:15 Strawberry Cream Pie Day Cart—LR</p>	<p><b>29</b> 9:00 Stretch—Ch 1978            10:00 Balance—Ch 1978            10:00 Horticulture: The Beauty Of Fall—LR            11:00 Funny Jokes—LR            11:00 Sing-Along: In the Mood—Ch 1978            1:30 Outdoor Social            3:00 Manicures—LR            7:00 <i>Pavarotti</i>—Ch 1978</p>	<p><b>30</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:30 Sit &amp; Fit—LR            11:00 Travelogue: Jane Goodall's When Animals Talk—Ch 1978            1:00 Name That Tune—Ch 1978            1:15 Ice Cream Truck—HC Entrance            2:00 Video Calls            3:00 Menu Help            7:00 Outdoor Movie Night—SG</p>		<p><b>Programs are subject to change; please see the digital monitors for more up-to-date information.</b>  <b>Life Enrichment Office</b>  <b>Ext. 3605</b></p>	<p><b>All activities are located in the hallway or by cart unless otherwise indicated.</b></p>