



# Laurel House Life Enrichment September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Programs are subject to change; please see the digital monitors for more up-to-date information.</b>  <b>Life Enrichment Office</b>  <b>Ext. 3605</b></p>		<p><b>1</b> 10:00 Balance—Ch 1978            10:30 Sit &amp; Fit—LR            11:00 Sing-Along: Songs of Love &amp; Laughter—Ch 1978            1:30 Horticulture: Gardening—HC            2:00 Derby Hat Making—LR            3:00 Spa Day            7:00 <i>A Man Named Paul</i>—Ch 1978</p>	<p><b>2</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:30 News Talk—LR            11:00 Travelogue: <i>Midwest USA</i>—Ch 1978            1:00 Name That Tune—Ch 1978            1:00 Tai Chi with Mark—LR            1:30 Men's Club—LH Lib            1:30 Outdoor Social—SG</p>	<p><b>3</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:00 Catholic Communion            10:30 Laughter Time—LR            11:00 Timeless Trivia—Ch 1978            1:30 Sit &amp; Fit—LR            1:30 Women's Club—LR            2:00 Video Calls            3:00 Nat'l Bowling League Day: Wii Bowling—LR            6:30 Prize Bingo—LR</p>	<p><b>4</b> 9:00 Sit &amp; Fit—Ch 1978            10:00 News Review—LR            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:00 Happy Hour Cart            7:00 Movie Night: <i>Knives Out</i>—Ch 1978</p>	<p><b>5</b> 10:45 Kentucky Derby Party—LR            1:45 Monet's Garden—LR            7:00 Movie Night: <i>Forrest Gump</i>—Ch 1978</p>
<p><b>6</b> 10:45 Exercise—LR            2:00 National Coffee Ice Cream Day Cart</p>	<p><b>7</b> <b>Labor Day</b>            9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>Seabiscuit</i>—Ch 1978            10:15 Grandma Moses Day—LR            1:30 Outdoor Social—SG            3:00 Horseracing—LR</p>	<p><b>8</b> 10:00 Balance—Ch 1978            10:30 Sit &amp; Fit—LR            11:00 Sing-Along: Songs for the Soul—Ch 1978            1:30 Horticulture: House Plants—HC            2:00 Bible Study—LHLib            3:00 Fun with Crafts            7:00 <i>Ken Burns, The Address</i>—Ch 1978</p>	<p><b>9</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:00 Catholic Communion            10:30 Bean Bag Toss—LR            11:00 Travelogue: <i>Native American Indians</i>—Ch 1978            1:00 Name That Tune—Ch 1978            1:00 Tai Chi with Mark—LR            1:30 Men's Club—LH Lib            1:30 Outdoor Social—SG            3:00 Wine Cart            3:30 <b>Resident Council Questionnaire</b></p>	<p><b>10</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:30 Reminiscing—LR            11:00 Dean Martin—Ch 1978            1:30 Sit &amp; Fit—LR            1:30 Women's Club—LR            2:00 Video Calls            3:00 Gestures—LR            6:30 Prize Bingo—LR</p>	<p><b>11</b> <b>Patriot's Day</b>            9:00 Sit &amp; Fit—Ch 1978            10:15 Patriot's Day Music with Bruce Copp—SG            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:00 Mocktail Cart            7:00 Movie Night: <i>Three Days of the Condor</i>—Ch 1978</p>	<p><b>12</b> 10:45 Chair Aerobics—LR            1:45 National Chocolate Milkshake Day Cart—LR            7:00 Movie Night: <i>Akeelah &amp; the Bee</i>—Ch 1978</p>
<p><b>13</b> 10:45 Chair Aerobics—LR            1:05 Phillies Watch Social—LR            2:00 Opera: Fidelio—Ch 1978            2:15 Grandparent's Day Fun—LR</p>	<p><b>14</b> 9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>7 Days in September</i>—Ch 1978            10:15 National Cream Filled Doughnut Day—LR            1:30 Outdoor Social—SG            1:30 Chaplain Visits            3:00 Berlin philharmonic: Gustavo Dudame—Ch 1978            3:15 Word Game Surprise</p>	<p><b>15</b> 10:00 Balance—Ch 1978            10:30 Sit &amp; Fit—LH            11:00 Voting Assistance—LR            11:00 Sing-Along: Grandma's Parlour—Ch 1978            2:00 Bible Study—LHLib            3:00 Reader's Theater—LR            7:00 <i>My Architect: A Son's Journey</i>—Ch 1978</p>	<p><b>16</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:00 Video Calls            11:00 Travelogue: Historical Icons—Ch 1978            11:00 Hymn Sing—LR            1:00 Name That Tune—Ch 1978            1:00 Tai Chi with Mark—LR            1:30 Men's Club—LH Lib            1:30 Outdoors Social—SG            3:00 Wine Cart</p>	<p><b>17</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:00 Catholic Communion            10:30 Sit &amp; Fit—LH            10:45 Video Calls            11:00 Timeless Trivia—Ch 1978            2:00 Outdoor Birthday Party with Unforgettable—SG            3:30 Birthday Cake Cart            6:30 Prize Bingo—LR</p>	<p><b>18</b> 9:00 Sit &amp; Fit—Ch 1978            10:00 Airforce's Birthday—LR            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:00 Happy Hour Cart            4:00 Shabbat—LHLib            7:00 Movie Night: <i>Spy Game</i>—Ch 1978</p>	<p><b>19</b> 10:45 Move &amp; Groove—LR            1:45 Table Games—LR            4:15 Catholic Mass—Ch 1978            7:00 Movie Night: <i>Hidden Figures</i>—Ch 1978</p>
<p><b>20</b> 10:45 Move &amp; Groove—LR            1:05 Phillies Watch Social—LR            2:00 Hymn Sing—LR</p>	<p><b>21</b> 9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>See You in September</i>—Ch 1978            10:15 Bubble Wrap Paint—LR            1:30 Outdoor Social—SG            1:30 Chaplain Visits            2:00 Social Services Social—LR            3:00 Last Day of Summer Social—LR</p>	<p><b>22</b> 10:00 Balance—Ch 1978            10:30 Sit &amp; Fit—LH            11:00 Sing-Along: Happy Days—Ch 1978            1:30 Horticulture: Let's Talk Spuds—Social Kitchen            2:00 Bible Study—LHLib            3:00 National Ice Cream Cone Day—LR            7:00 Fred Astaire &amp; Ginger Rodgers—Ch 1978</p>	<p><b>23</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:00 Video Calls            11:00 Travelogue: Faces and Places—Ch 1978            11:00 Bean Bag Toss—LR            1:00 Name That Tune—Ch 1978            1:00 Tai Chi with Mark—LR            1:30 Men's Club—LH Lib            1:30 Outdoor Social—SG            3:00 Wine Cart</p>	<p><b>24</b> 9:00 Dance—Ch 1978            10:00 Rosary—Ch 1978            10:00 Catholic Communion            10:30 Sit &amp; Fit—LH            11:00 Dean Martin—Ch 1978            11:00 Karaoke—LR            1:15 Video Calls            2:00 Ed Eisen Zoom Performance—LR            3:00 Cherries Jubilee Day—LR            6:30 Prize Bingo—LR</p>	<p><b>25</b> 9:00 Sit &amp; Fit—Ch 1978            10:00 One Hit Wonder Day—LR            11:00 Ecumenical Service—Ch 1978            1:45 Bingo—LR            3:00 Mocktail Cart            7:00 Movie Night: <i>Assassination Tango</i>—Ch 1978</p>	<p><b>26</b> 10:45 Exercise—LR            1:45 Coffee Talk—LR            4:15 Catholic Mass—Ch 1978            7:00 Movie Night: <i>The Good Liar</i>—Ch 1978</p>
<p><b>27</b> 10:45 Exercise—LR            2:00 Travel to Switzerland &amp; Fondue Social—LR</p>	<p><b>28</b> 9:00 Chair Aerobics—Ch 1978            10:00 Monday Movie: <i>The Horse Whisperer</i>—Ch 1978            10:15 Trivia            11:00 World News—LR            1:30 Outdoor Social—SG            1:30 Chaplain Visits            3:00 Berlin Philharmonic: Andris Nelsons—Ch 1978            3:15 National Drink a Beer Day—LR</p>	<p><b>29</b> 10:00 Balance—Ch 1978            10:30 Sit &amp; Fit—LH            11:00 Sing-Along: In the Mood—Ch 1978            1:30 Horticulture: The Beauty of Fall—HC            2:00 Bible Study—LHLib            3:00 National Coffee Day: Coffee Klatch—LR            7:00 <i>Pavarotti</i>—Ch 1978</p>	<p><b>30</b> 9:00 Yoga—Ch 1978            10:00 Resistance Training—Ch 1978            10:00 Video Calls            11:00 Travelogue: Jane Goodall's When Animals Talk—Ch 1978            11:00 Gestures—LR            1:00 Name That Tune—Ch 1978            1:00 Tai Chi with Mark—LR            1:30 Men's Club—LH Lib            1:30 Ice Cream Truck—Entrance            3:00 Wine Cart            7:00 Drive in Movie—SG</p>		<p><b>Location Key:</b>  <b>Channel 1978:</b>  <b>This program is on your TV. Please turn the TV in your room to channel 1978</b>  <b>SG—Stratton Garden</b>  <b>LR—Living Room</b>  <b>LH Lib—Laurel House Library</b>  <b>Cart—Will come room to room</b></p>	<p><b>All activities are located in the hallway or by cart unless otherwise indicated.</b>  <b>SG—Stratton Garden (outdoors)</b>  <b>LR—Living Room</b></p>