

Azalea House Life Enrichment January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>31 10:30 Daily Chronicle 11:00 Organize 1:30 Valentine Cards 2:00 Movie: <i>Fiddler on the Roof</i>—Ch 1978 2:45 Sing-Along 5:45 Soothing Sounds</p>	<p style="text-align: center;">Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978</p> <p>SG—Stratton Garden (outdoors) HC—Horticulture Center LHLR—Laurel House Living Room LH Lib—Laurel House Library</p>	<p style="text-align: center;">All activities are located in the Azalea House living room unless otherwise noted.</p>	<p style="text-align: center;">Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605</p>		<p>1 10:30 Daily Chronicles 1:00 Adult Coloring 2:00 New Years Resolutions 3:00 Happy Hour 3:15 Jigsaw Puzzles 5:45 Peaceful Harmonies</p>	<p>2 10:30 Daily Chronicles 11:00 Dabble Game 1:30 Coffee Crew 2:00 Spelling Bee 2:45 IN2L 4:15 Catholic Mass—Ch1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>Scent of a Woman</i>—Ch 1978</p>
<p>3 10:30 Daily Chronicles 11:00 Organize 1:00 Eagles Game Watch Party 1:30 Table Games 2:00 Movie: <i>How the West Was Won</i>—Ch 1978 2:45 Sing-Along 3:15 Adult Coloring</p>	<p>4 9:00 Cardio—Ch 1978 10:00 Monday Movie: <i>Eight Below</i>—Ch 1978 10:00 Chaplain Visits 10:30 New in the News 11:00 Who Am I? 12:00 Tai Chi—Ch 1978 2:00 Meditation—Ch 1978 2:30 Cookie Baking 3:00 Cookie Decorating 3:45 Mocktails 5:45 Relaxing Tunes</p>	<p>5 9:00 Sit & Fit—Ch 1978 10:00 Stretch—Ch 1978 10:30 Daily Chronicles 11:00 Shakespeare in Words & Music —Ch 1978 12:00 Yoga—Ch 1978 1:30 Afternoon Tea 2:00 Video Calls 3:00 Horticulture: Bird Day—HC 3:45 Refresh & Relax 5:45 Music Therapy</p>	<p>6 9:00 Cardio—Ch 1978 10:00 Virtual Bingo—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: Antarctica —Ch 1978 12:00 Tai Chi—Ch 1978 1:30 Bean Facts 2:30 Make 3 Bean Salad 3:00 Social 3:45 Sing-Along 5:45 Sweet Melodies</p>	<p>7 9:00 Chair Aerobics—Ch 1978 9:45 Catholic Communion 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Comedy: Johnny Carson, Best of the 60's & 70's—Ch 1978 1:00 Parkinson's in Motion—Ch 1978 1:30 Bird Quiz 2:00 Abs & Back—Ch 1978 2:00 Adult Coloring 3:15 Table Talk 5:45 Sweet Sounds</p>	<p>8 9:00 Cardio—Ch 1978 10:30 Wellness Visits 11:00 New in the News 11:00 Ecumenical Service—Ch 1978 1:00 Balance—Ch 1978 1:30 Undecorate 2:00 Strength & Stretch—Ch 1978 2:30 Trivia 3:00 Mocktails 3:30 Popcorn Snacks 5:45 Peaceful Harmonies 7:00 Movie Night: <i>The China</i></p>	<p>9 10:30 This Day in History 11:00 IN2L 1:30 Spa Day 2:00 Milkshakes 2:45 Sing-Along 5:45 Sounds of Serenity 7:00 Movie Night: <i>National Velvet</i>—Ch 1978</p>
<p>10 10:30 This Day in History 11:00 Sunday Stretch 1:30 Trivia 2:00 Movie: <i>Funny Girl</i>—Ch 1978 2:15 Manicures 3:15 IN2L Games 5:45 Soothing Sounds</p>	<p>11 9:00 Cardio—Ch 1978 10:00 Monday Movie: <i>Ice Castles</i>—Ch 1978 10:00 Chaplain Visits 10:30 Daily Chronicle 12:00 Tai Chi with Mark—Ch 1978 2:00 Meditation—Ch 1978 2:00 Word Games 2:30 Lucky Duck 3:00 Berlin Philharmonic—Ch 1978 3:45 Chips & Salsa 5:45 Relaxing Tunes</p>	<p>12 9:00 Sit & Fit—Ch 1978 10:00 Stretch—Ch 1978 10:30 Daily Chronicles 11:00 Music of Paul Anka—Ch 1978 12:00 Yoga—Ch 1978 1:30 Make Granola Bars 2:00 Video Calls 3:00 Horticulture: Houseplants—HC 3:45 Dominoes 5:45 Music Therapy</p>	<p>13 9:00 Cardio—Ch 1978 10:00 Virtual Bingo—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: Chasing Ice —Ch 1978 12:00 Tai Chi—Ch 1978 1:30 Valentine Tree 2:00 Painting Craft 2:30 Resident Council—LHLR 3:45 Hot Chocolate 5:45 Sweet Melodies</p>	<p>14 9:00 Chair Aerobics—Ch 1978 9:45 Catholic Communion 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Comedy: Johnny Carson, Best of the 80's & 90's—Ch 1978 1:00 Parkinson's in Motion—Ch 1978 1:30 Bagel Fun Facts 2:00 Abs & Back—Ch 1978 2:00 Bagels & Cream Cheese 3:15 Social 5:45 Sweet Sounds</p>	<p>15 9:00 Cardio—Ch 1978 10:00 Conductorize—LHLR 11:00 Ecumenical Service—Ch 1978 1:00 Balance—Ch 1978 2:00 Strength & Stretch—Ch 1978 2:15 Matching Games 3:00 Happy Hour 7:00 Movie Night: <i>The Public</i> —Ch 1978</p>	<p>16 10:30 Daily Chronicles 11:00 Dabble Game 1:30 Pine Cone Bird Feeder 2:45 IN2L 4:15 Catholic Mass—Ch1978 5:45 Sounds of Serenity 7:00 Movie: <i>Best in Show</i> —Ch 1978</p>
<p>17 10:30 Daily Chronicles 11:00 Organize 1:30 Winnie the Pooh Day 2:00 Movie: <i>Les Misérables</i> —Ch 1978 2:00 Adult Coloring 2:45 Sing-Along 5:45 Soothing Sounds</p>	<p>18 9:00 Cardio—Ch 1978 10:00 Monday Movie: <i>The Last of the Ski Bums</i>—Ch 1978 10:00 Chaplain Visits 10:30 Sit & Fit—LHLR 12:00 Tai Chi with Mark —Ch 1978 1:30 MLK Day—LHLR 2:00 Meditation—Ch 1978 2:15 Adult Coloring</p>	<p>19 9:00 Sit & Fit—Ch 1978 10:00 Stretch—Ch 1978 10:30 Daily Chronicle 11:00 Music of The Beatles —Ch 1978 12:00 Yoga—Ch 1978 1:30 Afternoon Tea & Cookies 2:00 Video Calls 3:00 Horticulture: Plant Cart/Clinic 3:45 Refresh & Relax 5:45 Music Therapy</p>	<p>20 9:00 Cardio—Ch 1978 10:00 Virtual Bingo —Ch 1978 10:30 Daily Chronicle 11:00 Travelogue: Emperors on Ice—Ch 1978 12:00 Tai Chi—Ch 1978 1:30 Crock Pot Soup 3:00 Table Games 4:30 Homemade Dinner 5:45 Sweet Melodies</p>	<p>21 9:00 Chair Aerobics—Ch 1978 9:45 Catholic Communion 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Comedy: Johnny Carson, The Final Show—Ch 1978 1:00 Parkinson's in Motion—Ch 1978 1:30 Antonyms & Synonyms 2:00 Abs & Back—Ch 1978 2:00 Cheese & Cracker Tray 3:00 January B-day Party with Stephen DiJoseph & Cake Cart—Ch 1978 5:45 Sweet Sounds 7:00 Souderton in Time—Ch 1978</p>	<p>22 9:00 Cardio—Ch 1978 10:30 Wellness Visit 11:00 New in the News 11:00 Ecumenical Service—Ch 1978 1:00 Balance—Ch 1978 1:30 Match Game 2:00 Strength & Stretch—Ch 1978 3:00 Mocktails 3:15 Sing-Along 5:45 Peaceful Harmonies 7:00 Movie Night: <i>Just Mercy</i>—Ch 1978</p>	<p>23 10:30 This Day in History 11:00 Painting 1:30 National Pie Day 2:00 Short Stories 2:45 Music Listening & Puzzles 5:45 Sounds of Serenity 7:00 Movie Night: <i>Top Hat</i> —Ch 1978</p>
<p>24 10:30 Some Good News 11:00 Sunday Stretch 1:30 Finish the Phrase 2:00 Movie: <i>Gypsy</i>—Ch 1978 2:15 Hot Chocolate Social 3:15 Manicures 5:45 Soothing Sounds</p>	<p>25 9:00 Cardio—Ch 1978 10:00 Monday Movie: <i>Ski Bums</i>—Ch 1978 10:00 Chaplain Visits 10:30 Daily Chronicles 12:00 Tai Chi with Mark—Ch 1978 2:00 Meditation—Ch 1978 2:00 Word Games 2:30 Lucky Duck 3:00 Berlin Philharmonic—Ch 1978 3:45 Bubble Wrap Craft 5:45 Relaxing Tunes</p>	<p>26 9:00 Sit & Fit—Ch 1978 10:00 Stretch—Ch 1978 10:30 Daily Chronicle 11:00 Music of Elvis Presley —Ch 1978 12:00 Yoga—Ch 1978 1:30 Afternoon Tea & Cookies 2:00 Video Calls 3:00 Horticulture: Bulbs—HC 3:45 Scrabble 5:45 Music Therapy</p>	<p>27 9:00 Cardio—Ch 1978 10:00 Virtual Bingo—Ch 1978 10:30 Daily Chronicle 11:00 Travelogue: Masters of the Artic Ice—Ch 1978 12:00 Tai Chi—Ch 1978 1:30 Nat'l Chocolate Cake Day 2:30 Reminisce 3:00 Social 5:45 Sweet Melodies</p>	<p>28 9:00 Chair Aerobics—Ch 1978 9:45 Catholic Communion 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Timeless Trivia—Ch 1978 1:00 Parkinson's in Motion—Ch 1978 1:30 Popcorn Snacks 2:00 Abs & Back—Ch 1978 2:00 Match Game 3:00 Adult Coloring 5:45 Sweet Sounds 7:00 A Tribute to Bill Bourne—Ch 1978</p>	<p>29 9:00 Cardio—Ch 1978 10:30 Wellness Visits 11:00 New in the News 11:00 Ecumenical Service—Ch 1978 1:00 Balance—Ch 1978 1:30 Guesstures 2:00 Strength & Stretch—Ch 1978 2:00 Table Games 3:00 Happy Hour 3:15 Finish the Phrase 5:45 Peaceful Harmonies 7:00 Movie Nigh: African Queen —Ch 1978</p>	<p>30 10:30 This Day in History 11:00 Dabble Game 1:30 Coffee Crew 2:00 Trivia 2:45 IN2L 4:15 Catholic Mass—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>The Russians are Coming</i>—Ch 1978</p>