



Azalea House Life Enrichment October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 10:30 Exercise 11:00 Halloween Games 1:30 Ghost Stories 2:45 Halloween Music 5:45 Soothing Sounds		Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605 All activities are located in the Azalea House living room unless otherwise noted.	Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden (outdoors) LHLR—Laurel House Living Room LH Lib—Laurel House Library		1 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Puzzles 11:00 Ecumenical Service—Ch 1978 1:30 Bingo 2:00 Apple Cider 3:00 Social 3:30 Trivia 5:45 Peaceful Harmonies 6:30 Piano with Lettie 7:00 Movie: <i>State of Play</i> —Ch 1978	2 10:30 Body Stretch 11:00 Brain Stretch 1:30 Balloon Volley 2:30 Refreshments 2:45 TV Land 5:45 Relaxing Breaths 6:00 Game Shows 7:00 Movie Night: <i>Finding Your Feet</i> —Ch 1978
3 10:30 Encouraging Words 11:00 Hymn Sing 1:30 Art History 2:45 Eagles Game Tailgate 5:45 Soothing Sounds	4 10:00 Monday Movie: <i>Incident on a Dark Street</i> —Ch 1978 10:30 Daily Chronicles 11:00 Wellness Walk 1:30 Where in the USA? 2:00 Reminisce 3:30 Social 5:45 Relaxing Tunes	5 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Daily Chronicles 11:00 Documentary: Walt Disney —Ch 1978 11:00 Mystery Box 1:30 Candy Corn Craft 3:00 Horticulture: Traveling Plant Cart Clinic 4:00 Sing-Along 5:45 Music Therapy	6 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 11:00 Travelogue: Texas —Ch 1978 11:00 Wednesday Warm-Ups 1:30 Famous Faces 3:30 Tea & Cookies 5:45 Sweet Melodies 7:00 <i>Phyllis Chappel & SIORA</i> —Ch 1978	7 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:00 Book Cart 10:30 Daily Chronicles 10:00 Dog Visits with Scamper 11:00 Comedy: Are You Being Served?—Ch 1978 1:30 Make Caramel Apples 2:30 Apple Slices Social 3:15 50's Music 5:45 Sweet Sounds	8 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Coffee & Doughnut Social 11:00 Ecumenical Service—Ch 1978 1:30 Bean Bag Toss 2:00 Sing-Along 3:00 Fall Craft 5:45 Peaceful Harmonies 6:30 Piano with Lettie 7:00 Movie: <i>The Eddy Dunchin Story</i> —Ch 1978	9 10:30 Daily Chronicles 11:00 Walk About 1:30 Mini Manicures 2:30 Refreshments 2:45 IN2L 3:00 Catholic Communion 4:15 Catholic Mass—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>The Hundred Foot Journey</i> —Ch 1978
10 10:30 Daily Chronicles 11:00 Coffee Crew 1:30 Current Events 2:45 IN2L 5:45 Soothing Sounds	11 10:00 Monday Movie: <i>The Ghost That Goes West</i> —Ch 1978 10:30 Daily Chronicles 11:00 Wellness Walk 1:30 Hymn Sing 2:15 Stretchcize 3:00 Berlin Philharmonic —Ch 1978 3:30 Painting Class 5:45 Relaxing Tunes	12 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Daily Chronicles 11:00 Documentary: The Amish —Ch 1978 11:00 Table Game 1:30 Halloween Card Making 3:00 Apple Cider 4:00 Social 5:45 Music Therapy	13 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: Volcanoes of the Deep—Ch 1978 11:00 Wednesday Warm-Ups 2:30 Resident Council—LHLR 3:30 Pumpkin Decorating 5:45 Sweet Melodies 7:00 Ted Rotwitt—Ch 1978	14 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:00 Book Cart 10:30 Daily Chronicles 10:00 Dog Visits with Scamper 11:00 Comedy: Are You Being Served? - Ch 1978 2:00 October Birthday Party with Joe Parker—LHLR 3:15 Table Games 5:45 Sweet Sounds	15 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Stretch 11:00 Ecumenical Service—Ch 1978 1:30 Sorting 2:00 Puzzles 3:00 Mocktails 3:30 Trivia 5:45 Peaceful Harmonies 6:30 Piano with Lettie 7:00 Movie: <i>A Bridge Too Far</i> —Ch 1978	16 10:30 Stretch & flex 11:00 Short Stories 1:30 Sing-Along 2:30 Ice Cream Social 2:45 Music Listening 3:00 Catholic Communion 4:15 Catholic Communion Service—Ch 1978 5:45 Relaxing Breaths 7:00 Movie Night: <i>Broken Hill</i> —Ch 1978
17 10:30 Exercise 11:00 Sorting 1:30 Word Finds 2:00 Opera: The Circus Princess—Ch 1978 2:45 Adult Coloring 5:45 Soothing Sounds	18 10:00 Monday Movie: <i>The Mummy</i> —Ch 1978 10:30 Daily Chronicles 11:00 Wellness Walk 1:15 Dog Visits with Emma 1:30 Alaska Day 2:30 Did You Know? 3:30 Totem Poles 5:45 Relaxing Tunes	19 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Daily Chronicles 11:00 Documentary: Fly Girls —Ch 1978 11:00 Dominoes 1:30 Bingo 2:30 Apple Snacks 3:00 Fall Coloring 4:00 Reminisce 5:45 Music Therapy	20 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: Arabia —Ch 1978 11:00 Wednesday Warm-Ups 2:00 Pumpkin Bread 3:00 Halloween Memories 4:00 Social 5:45 Sweet Melodies 7:00 The SwingTones of Philadelphia—Ch 1978	21 9:00 Balance —Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:00 Book Cart 10:30 Daily Chronicles 10:00 Dog Visits with Scamper 11:00 Comedy: Are You Being Served? - Ch 1978 1:30 Halloween History 2:30 Casino Day—LHLR 3:30 Adult Coloring 5:45 Sweet Sounds	22 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Wheel of Fortune 11:00 Ecumenical Service—Ch 1978 1:30 Bean Bag Toss 2:00 Sing-Along 3:00 Mocktails 3:30 Fall Mask Craft 6:30 Piano with Lettie 5:45 Peaceful Harmonies 7:00 Movie: <i>Dark Waters</i> —Ch 1978	23 10:30 Daily Chronicles 11:00 Walk About 1:30 Mini Manicures 2:30 Refreshments 2:45 IN2L 4:15 Catholic Mass—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>The Champ</i> —Ch 1978
24 10:30 Daily Chronicles 11:00 Coffee Crew 1:30 Current Events 2:45 IN2L 5:45 Soothing Sounds	25 10:00 Monday Movie: <i>The Devil and Miss Jones</i> —Ch 1978 10:30 Daily Chronicles 11:00 Wellness Walk 1:30 Hymn Sing 2:30 Cupcake Decorate Social 3:00 Berlin Philharmonic —Ch 1978 3:30 Balloon Volleyball 5:45 Relaxing Tunes	26 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Catholic Mass—LHLR 11:00 Documentary: New York Under Ground—Ch 1978 11:00 Scrabble 1:30 Candy Bags 2:30 Coffee Crew 3:00 Horticulture: Flower Arranging 4:00 Word Game 5:45 Music Therapy	27 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: Galapagos —Ch 1978 11:00 Wednesday Warm-Ups 1:00 Trip: Fall Foliage Tour 3:00 Candy Bags 4:00 Popcorn Social 5:45 Sweet Melodies 7:00 The North Pennsmen —Ch 1978	28 9:00 Balance —Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:00 Book Cart 10:00 Dog Visits with Scamper 11:00 Comedy: Are You Being Served? - Ch 1978 1:30 Halloween Party 2:30 Halloween Stroll 3:30 Candy Bag Cart 5:45 Sweet Sounds	29 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Puzzles 11:00 Ecumenical Service—Ch 1978 1:30 Table Talk 2:00 Halloween Movie 3:00 Costume Contest—LHLR 3:30 Special Snacks 6:30 Piano with Lettie 5:45 Peaceful Harmonies 7:00 Movie: <i>The Verdict</i> —Ch 1978	30 10:30 Stretch & Flex 11:00 Name That Star 1:30 Sing-Along 2:30 Ice Cream Social 2:45 Music Listening 3:00 Catholic Communion 4:15 Catholic Mass—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>Shakespeare in Love</i> —Ch 1978