



# Azalea House Life Enrichment January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>30</b> 10:30 Daily Chronicles 11:00 Current Events 1:30 Casino Game 2:00 Matinee: <i>Titanic</i> —Ch 1978  2:45 IN2L 5:45 Soothing Sounds	<b>31</b> 10:00 Monday Movie: <i>Big Miracle</i> —Ch 1978  10:30 Daily Chronicles 11:00 Wellness Walk 1:30 Clothespin Sheep Craft 2:15 Farm Trivia 3:30 Green Thumb 5:45 Relaxing Tunes		<b>Programs are subject to change; please see the digital monitors for more up-to-date information.</b> <b>Life Enrichment Office</b> <b>Ext. 3605</b> <b>All activities are located in the Azalea House living room unless otherwise noted.</b>	<b>Location Key:</b> <b>Channel 1978:</b> <b>This program is on your TV. Please turn the TV in your room to channel 1978</b> <b>SG—Stratton Garden (outdoors)</b> <b>LHLR—Laurel House Living Room</b> <b>LH Lib—Laurel House Library</b>		<b>1</b> 10:30 Daily Chronicles 11:00 Walk About 1:30 Table Talk 2:15 Scrabble 2:45 Coffee & Pound Cake 5:45 Sounds of Serenity 7:00 Movie Night: <i>To Kill a Mockingbird</i> —Ch 1978
<b>2</b> 10:30 Daily Chronicles 11:00 Current Events 1:30 Mystery Box 2:00 Matinee: <i>Giant</i> —Ch 1978  2:45 IN2L 5:45 Soothing Sounds	<b>3</b> 10:00 Monday Movie: <i>Paddington</i> —Ch 1978  10:30 News & Views 11:00 Exercise 1:30 Travel Trivia 2:15 Margaritas 3:30 Sticker Craft 5:45 Relaxing Tunes	<b>4</b> 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Daily Chronicles 11:00 Documentary: <i>Bombshell</i> —Ch 1978 11:00 Morning Tea 1:30 Penguin Appreciation 3:00 Adult Coloring 4:00 Wine with Friends 5:45 Music Therapy	<b>5</b> 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: <i>Broadway</i> —Ch 1978  11:00 Coffee in the Café 1:30 50's Music 2:30 Double Dip Social 3:30 Sing-Along 5:45 Sweet Melodies 7:15 Linda Kenyon—Ch 1978	<b>6</b> 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:30 Sit & Fit—LH LR 11:00 Mystery: <i>Sherlock Holmes</i> —Ch 1978  2:00 Name That Spice 3:15 Cheese & Cracker Social 5:45 Sweet Sounds	<b>7</b> 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Ecumenical Service —Ch 1978  11:00 Sorting 1:30 Scrabble 2:00 Music Therapy with Molly 3:00 Happy Hour 5:45 Peaceful Harmonies 6:30 Piano with Lettie 7:00 Movie: <i>Sneakers</i> —Ch 1978	<b>8</b> 10:30 In the News 11:00 Stretchcize 1:30 Bird Feeders 2:15 Bird Trivia 2:45 Dirt Cupcakes 3:00 Catholic Communion 4:15 Catholic Mass—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>42</i> —Ch 1978
<b>9</b> 10:30 Stretch 11:00 National Poetry Day: Group Poems  1:30 Hot Toddy 2:00 Matinee: <i>Gandhi</i> —Ch 1978  2:45 IN2L 5:45 Soothing Sounds	<b>10</b> 10:00 Monday Movie: <i>Matinee</i> — 1978 10:30 Daily Chronicles 11:00 Wellness Walk 1:30 Andy Warhol Bio 2:15 Andy Warhol Art 3:00 Berlin Philharmonic —Ch 1978 3:30 Design Your Own Soup Can Label 5:45 Relaxing Tunes	<b>11</b> 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Daily Chronicles 11:00 Documentary: <i>Hemmingway</i> —Ch 1978 11:00 Morning Tea 1:30 Veggie Cutting 3:00 Horticulture: <i>Let's Propagate</i> 4:00 Wine with Friends 5:45 Music Therapy	<b>12</b> 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: <i>America: The Story of Us</i> —Ch 1978 11:00 Crock Pot Soup 1:30 Snowflake Craft <b>2:30 Resident Council—LHLR</b> 3:30 Refreshments 5:45 Sweet Melodies 7:15 Charlie Zahn—Ch 1978	<b>13</b> 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LH LR 11:00 Mystery: <i>Sherlock Holmes</i> —Ch 1978  1:15 Dog Visits with Emma 2:00 January B-day Party with Marcus Charney—LH LR 3:15 Table Games 5:45 Sweet Sounds	<b>14</b> 9:00 Chair Aerobics—Ch 1978 10:30 News & Views 11:00 Balloon Volleyball 11:00 Ecumenical Service—Ch 1978 1:30 Yoga 2:00 Food Trivia 3:00 National Bagel Day: <i>Bagel &amp; Cream Cheese</i> 3:30 Storytelling 5:45 Peaceful Harmonies 6:30 Piano with Lettie 7:00 Movie: <i>The 39 Steps</i> —Ch 1978	<b>15</b> 10:30 Daily Chronicles 11:00 Walk About 1:30 Casino Game 2:15 Cookies & Juice 2:45 IN2L 3:00 Catholic Communion 4:15 Catholic Svs—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>Chorus</i> —Ch 1978
<b>16</b> 10:30 Daily Chronicles 11:00 Spelling Bee 1:30 Current Events 2:00 Matinee: <i>It's a Mad, Mad, Mad World</i> —Ch 1978 2:45 IN2L 5:45 Soothing Sounds	<b>17</b> 10:00 Monday Movie: <i>North Face</i> —Ch 1978  10:30 Exercise 11:00 News & Views 1:30 Canvas Art 2:30 Tea Party 3:30 Art History 5:45 Relaxing Tunes	<b>18</b> 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Daily Chronicles 11:00 Documentary: <i>Anthony Bourdain</i> —Ch 1978 11:00 Morning Tea 1:30 Ben Franklin Bio 2:30 Penny Ante 3:00 Horticulture: <i>All About the Birds</i> 4:00 Wine with Friends 5:45 Music Therapy	<b>19</b> 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: <i>America's Railroads</i> —Ch 1978 11:00 Coffee in the Café 1:30 Prohibition Facts 2:30 1920's Trivia 3:30 1920's Cocktail 5:45 Sweet Melodies 7:15 Tom Yurasits, Magic & Illusions—Ch 1978	<b>20</b> 9:00 Balance —Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:30 Sit & Fit—LH LR 11:00 Mystery: <i>Sherlock Holmes</i> —Ch 1978  1:30 Make Pizzelles 2:30 Valentine Craft 3:30 Sing-Along 5:45 Sweet Sounds 7:00 Lecturer Tommy Ryan—Ch 1978	<b>21</b> 9:00 Chair Aerobics—Ch 1978 10:30 Daily Chronicles 11:00 Sorting 11:00 Ecumenical Christmas Eve Service—Ch 1978 1:30 Table Game 2:00 Music Therapy with Molly 3:00 Happy Hour 3:30 Cheese Board 5:45 Peaceful Harmonies 6:30 Piano with Lettie 7:00 Movie: <i>Race</i> —Ch 1978	<b>22</b> 10:30 In the News 11:00 Exercise 1:30 Making Caramel Popcorn 2:45 IN2L 5:45 Sounds of Serenity 7:00 Movie Night: <i>Amelie</i> —Ch 1978
<b>23</b> 10:30 Daily Chronicles 11:00 Morning Stretch 1:30 Making Peanut Brittle 2:00 Matinee: <i>Exodus: God &amp; Kings</i> —Ch 1978 2:45 Chocolate Cake Social 5:45 Soothing Sounds	<b>24</b> 10:00 Monday Movie: <i>Miss Potter</i> —Ch 1978 10:30 Daily Chronicles 11:00 Wellness Walk 1:30 Where in America? 2:30 Philly Soft Pretzels 3:00 Berlin Philharmonic —Ch 1978 3:30 Sing-Along 5:45 Relaxing Tunes	<b>25</b> 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:15 Catholic Mass—LHLR 11:00 Documentary: <i>Snowy Owl</i> —Ch 1978 11:00 Morning Tea 1:30 Eskimo Pies 2:30 Table Games 3:00 Horticulture: <i>Winter Trivia</i> 4:00 Wine with Friends 4:15 Catholic Mass—LH LR 5:45 Music Therapy	<b>26</b> 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Daily Chronicles 11:00 Travelogue: <i>Appalachian Trail</i> —Ch 1978 11:00 Coffee in the Café 1:30 India Trivia & Five Stones 2:30 Mozart's Birthday w/ David Little—LH LR 3:45 Traditional Indian Dessert 5:45 Sweet Melodies 7:15 Cordus Mundi—Ch 1978	<b>27</b> 9:00 Balance —Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LH LR 11:00 Mystery: <i>Sherlock Holmes</i> —Ch 1978  1:30 Jackson Pollock Bio 2:30 Jackson Pollock Art 3:30 Let's Paint 5:45 Sweet Sounds	<b>28</b> 9:00 Chair Aerobics—Ch 1978 10:30 News & Views 11:00 Stretch 11:00 Ecumenical Service—Ch 1978 1:30 Spelling Bee 2:00 Music Therapy with Molly 3:00 Blueberry Waffles 5:45 Peaceful Harmonies 7:00 Movie: <i>Our Kind of Traitor</i> —Ch 1978	<b>29</b> 10:30 Daily Chronicles 11:00 Walk About 1:30 Table Game 2:15 Popcorn Social 2:45 IN2L 3:00 Catholic Communion 4:15 Catholic Mass—Ch 1978 5:45 Sounds of Serenity 7:00 Movie Night: <i>Dream Horse</i> —Ch 1978