



Laurel House Life Enrichment January 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 10:45 Family Feud—LR 2:00 Matinee: <i>Titanic</i> —Ch 1978 2:00 Jigsaw Puzzles—LR 3:00 India Trivia, Play 5 Stones—LR	31 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Big Miracle</i> —Ch 1978 10:15 Word Scapes—LR 1:00 Tai Chi with Mark—LR 2:00 Bible Study with Gail —LH Lib 2:00 Table Games—LR 3:00 Hall & Oates at the Apollo—LR 6:15 Piano with Lettie—LR		Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden WG—Woodland Garden LR—Living Room LH Lib—Laurel House Library Cart—Will come room to room	Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605		1 9:00 Mummer's Parade Watch Party—LR 10:45 New Years' Trivia—LR 1:30 New Years' Social—LR 3:00 Name That Star—LR 7:00 Movie Night: <i>To Kill A</i> <i>Mockingbird</i> —Ch 1978
2 10:45 Exercise—LR 2:00 Matinee: <i>Giant</i> —Ch 1978 2:00 Who Am I? -LR 3:00 Where in America? —LR	3 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Paddington</i> —Ch 1978 10:15 Tenzi—LR 1:00 Tai Chi with Mark—LR 2:00 Music of the 40's—LR 3:00 Truffle Making—LR 6:15 Piano with Lettie—LR	4 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Sit & Fit/Balance—LR 11:00 Documentary: Bombshell—Ch 1978 11:00 National Trivia Day—LR 1:30 Book Cart 1:30 PUNCH Categories—LR 2:30 Wii Bowling—LR 3:00 Manicures & Music—LR	5 8:15 Coffee & Convo—LR 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:00 Meditation w/ Donna—LR 10:30 Balloon Volley—LR 11:00 Travelogue: Broadway—Ch 1978 11:00 Stretch—LR 1:00 Drum Fit—LR 1:30 Men's Club—LH Lib 1:30 Tenzi—LR 3:00 Wine Down Wednesday Cart 7:15 Linda Jenyon—Ch 1978	6 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LR 11:00 Word Games—LR 11:00 Mystery: Sherlock Holmes —Ch 1978 2:00 Winter Trivia—LR 3:30 Rosary with Doris—LH Lib 3:30 Uno—LR 6:30 Prize Bingo—LR	7 9:00 Chair Aerobics—Ch 1978 10:00 Conductorcize—LR 10:45 Table Games—LR 11:00 Ecumenical Service —Ch 1978 1:45 Bingo—LR 3:00 Mocktails—LR 4:00 Shabbat—Club Room 6:30 Karaoke with June—LR 7:00 Movie Night: <i>Sneakers</i> —Ch 1978	8 10:45 Exercise—LR 1:00 Guitar Music with Ryan —LR 2:00 Word Mining—LR 3:00 Catholic Communion 3:00 Balloon Volleyball—LR 4:15 Catholic Mass—Ch 1978 7:00 Movie Night: <i>42</i> —Ch 1978
9 10:45 Who Am I?—LR 2:00 Matinee: <i>Gandhi</i> —Ch 1978 2:00 Weird Foods—LR 3:00 Bingo Mania—LR	10 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Matinee</i> —Ch 1978 10:15 Old Chestnut Hill—LR 1:00 Tai Chi with Mark—LR 2:00 Bible Study with Gail —LR Lib 2:00 Hand Massage—LR 3:00 Berlin Philharmonic —Ch 1978 3:00 Pick A Song—LR 6:15 Piano with Lettie—LR	11 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Sit & Fit/Balance—LR 11:00 Documentary: Hemmingway—Ch 1978 11:00 Wacky Wordies—LR 1:30 Book Cart 1:30 Which Happened?—LR 2:30 Nat'l Chocolate Milk Day —LR 3:00 Manicures & Music—LR	12 8:15 Coffee & Convo—LR 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:30 Horticulture: Let's Prpagate—LR 11:00 Travelogue: America: The Story of Us—Ch 1978 11:00 You Be the Judge—LR 1:00 Drum Fit—LR 1:30 Men's Club—LH Lib 1:30 Photo Guessing Game—LR 2:30 Resident Council—LR 3:00 Wine Down Wednesday Cart 7:15 Charlie Zahm—Ch 1978	13 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LR 11:00 Trivia—LR 11:00 Mystery: Sherlock Holmes —Ch 1978 1:00 Dog Visits with Emma 1:30 Women's Club—LR 2:00 January Birthday Party with Marcus Chaney—LR 3:30 Rosary with Doris—LH Lib 3:30 Winter Coloring—LR 6:30 Prize Bingo—LR	14 9:00 Chair Aerobics—Ch 1978 10:00 Chair Yoga—LR 10:45 January Fun Facts—LR 11:00 Ecumenical Service —Ch 1978 1:45 Bingo—LR 3:00 Happy Hour—LR 6:30 Karaoke with June—LR 7:00 Movie Night: <i>The 39 Steps</i> —Ch 1978	15 10:45 New in the News—LR 1:30 Ice Cream Sundaes—LR 3:00 Catholic Communion 3:00 Andy Warhol Art—LR 4:15 Catholic Svs—Ch 1978 7:00 Movie Night: <i>Chorus</i> — Ch 1978
16 10:45 This Day in History —LR 2:00 Matinee: <i>It's a Mad,</i> <i>Mad Mad World</i> —Ch 1978 2:00 Balloon Volley—LR 3:00 Hot Chocolate Cart —LR	17 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>North Face</i> —Ch 1978 10:15 History of Dr. King—LR 1:00 Tai Chi with Mark—LR 2:00 Bible Study with Gail —LH Lib 2:00 Life Stories—LR 3:15 Unscramble—LR 6:15 Piano with Lettie—LR	18 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Sit & Fit—LR 11:00 Documentary: Anthony Bourdain—Ch 1978 11:00 January IQ—LR 1:30 Book Cart 1:30 Z to A Musical Trivia—LR 2:30 Wii Bowling—LR 3:00 Manicures & Music—LR	19 8:15 Coffee & Convo—LR 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:00 Meditation w/ Donna—LR 10:30 Horticulture: All About the Birds—LR 11:00 Travelogue: America's Railroads—Ch 1978 1:00 Drum Fit—LR 1:30 Men's Club—LH Lib 2:00 National Popcorn Day—LR 3:00 Wine Down Wednesday Cart 7:15 Tom Yurasits, Magic & Illusion —Ch 1978	20 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:30 Sit & Fit—LR 11:00 Word Unscramble—LR 11:00 Mystery: Sherlock Holmes —Ch 1978 1:30 Women's Club—LR 3:30 Rosary with Doris—LH Lib 3:30 Craft—LR 6:30 Prize Bingo—LR 7:00 Lecturer Tommy Ryan—Ch 1978	21 9:00 Chair Aerobics—Ch 1978 10:00 Conductorcize—LR 10:45 Jigsaw Puzzles—LR 11:00 Ecumenical Service—Ch 1978 1:45 Bingo—LR 3:00 Mocktails—LR 6:30 Karaoke with June—LR 7:00 Movie Night: <i>Race</i> —Ch 1978	22 10:45 Concentration—LR 1:00 Guitar Music with Ryan —LR 3:00 Clothespin Sheep Wreath —LR 7:00 Movie Night: <i>Amelie</i> —Ch 1978
23 10:45 Exercise—LR 2:00 Matinee: <i>Exodus:</i> <i>Gods and Kings</i> —Ch 1978 2:00 National Pie Day—LR 3:00 Wheel of Fortune—LR	24 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Miss Potter</i> —Ch 1978 10:15 Cocoa & Concentration —LR 1:00 Tai Chi with Mark—LR 2:15 Finish the Phrase—LR 3:00 Berlin Philharmonic —Ch 1978 3:15 Balloon Volley—LR 6:15 Piano with Lettie—LR	25 9:00 Stretch & Flex—Ch 1978 10:00 Meditation—Ch 1978 10:30 Catholic Mass—LR 11:00 Documentary: Snowy Owl—Ch 1978 11:00 Awe Inspiring—LR 1:30 Book Cart 1:30 Jeopardy—LR 2:30 Nat'l Irish Coffee Day—LR 3:00 Manicures & Music—LR	26 8:15 Coffee & Convo—LR 9:00 Chair Aerobics—Ch 1978 10:00 Rosary—Ch 1978 10:00 Meditation w/ Donna—LR 10:30 Horticulture: Winter Trivia—LR 11:00 Travelogue: Appalachian Trail —Ch 1978 1:00 Drum Fit—LR 1:30 Men's Club—LH Lib 1:30 Family Feud—LR 2:30 Mozart's Birthday w/ David Little—LR 3:00 Wine Down Wednesday Cart 7:15 Cordus Mundi—Ch 1978	27 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:30 Sit & Fit—LR 11:00 Winter Craft—LR 11:00 Mystery: Sherlock Holmes —Ch 1978 1:30 Women's Club—LR 3:30 Rosary with Doris—LH Lib 3:30 Uno—LR 6:30 Prize Bingo—LR	28 9:00 Chair Aerobics—Ch 1978 10:00 Chair Yoga—LR 10:45 Travel to Egypt—LR 11:00 Ecumenical Service —Ch 1978 1:45 Bingo—LR 3:00 Happy Hour—LR 6:30 Karaoke with June—LR 7:00 Movie Night: <i>Our Kind of</i> <i>Traitor</i> — Ch 1978	29 10:45 Stretch—LR 1:30 Uno—LR 3:00 Catholic Communion 3:00 White Board Fun—LR 4:15 Catholic Mass—Ch 1978 7:00 Movie Night: <i>Dream Horse</i> — Ch 1978