



Holly House Life Enrichment November 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
							
		1 9:00 Chair Aerobics—Ch 1978 10:15 Music & Manicures—LR 11:00 November Trivia—LR 11:00 Documentary: Steve McQueen: American Icon —Ch 1978 1:00 Dog Visits with Rosie 1:00 Book Cart with Pat 1:30 Men's Club—HHLIB 2:00 Hand Massage—LR 3:00 Hymn Sing with Julie—LR 6:00 Adult Coloring—LR	2 9:00 Strength & Stretch —Ch 1978 10:00 Rosary—Ch 1978 10:30 Music Fit—LR 11:00 Travel: Spectacular West —Ch 1978 1:00 Tai Chi with Mark—LR 1:30 Balloon Volleyball—LR 2:00 Table Game—LR 3:30 Category Snap—LR 6:30 Bingo—LR 7:00 Neil Hartley—Aud/Ch 1978	3 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:15 Dance—LR 11:00 Musical: <i>The Producers</i> —Ch 1978 11:00 Puzzles—LR 1:30 Wii—LR 2:00 Jewelry—LR 3:30 Sensory—LR 7:00 Lecture Series: Dick Polman —Aud/Ch 1978	4 9:00 Tai Chi—Ch 1978 10:00 Craft—LR 11:00 Ecumenical Service —Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 7:00 Movie Night: <i>After the Wedding</i> —Ch 1978	5 10:00 Ball Toss—LR 1:00 Sing-Along—LR 3:00 Catholic Communion 3:00 Uno—LR 7:00 Movie Night: <i>Minari</i> —Ch 1978	
6 10:00 Sunday Stretch—LR 1:00 Hand Massage—LR 3:00 Art of Andrew Wyeth —LR	7 10:00 Monday Movie: <i>The Best Exotic Marigold Hotel</i> —Ch 1978 10:30 Sit & Fit—LR 11:00 Category Snap—LR 1:00 Bible Study—HHLIB 1:30 Wii—LR 2:15 Hand Massage—LR 3:15 Balloon Volleyball—LR 6:00 Table Games—LR	8 9:00 Chair Aerobics—Ch 1978 10:15 Music & Manicures—LR 11:00 Animal Cams—LR 11:00 Documentary: Experiencing Hubble, Pt 1—Ch 1978 1:00 Book Cart with Pat 1:00 Election Day Bus to Voting 1:30 Men's Club—HH Lib 1:30 Horticulture with Patti: Nature's Remedy 2:00 Unscramble—LR 3:00 Hymn Sing with Julie—LR 6:00 Uno—LR	9 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:30 Music Fit—LR 11:00 Travel: Discovering Greece —Ch 1978 1:00 Tai Chi with Mark—LR 1:30 Name That Tune—LR 2:30 Memory Card Game—LR 3:00 Resident Council—LR 3:30 Finish the Word—LR 6:30 Fall Cookie Decorating—LR 7:00 North Pennsmen—Aud/Ch 1978	10 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:15 Ping Pong Cup—LR 11:00 Musical: <i>Jailhouse Rock</i> —Ch 1978 11:00 November Trivia—LR 2:00 November Birthday Party with Joe Parker—LHLR 3:30 Sensory—LR	11 9:00 Tai Chi—Ch 1978 10:00 Basketball—LR 11:00 Ecumenical Service—LH LR 1:00 Bingo—LR 2:00 Veteran's Day Program with Tony Juliano- LHLR 3:15 Mocktails 7:00 Movie Night: <i>Flags of Our Fathers</i> —Ch 1978	12 10:00 Categories—LR 1:00 Tenzi—LR 2:30 Music Therapy with Molly —LR 3:00 Catholic Communion 3:00 Thanksgiving Craft—LR 7:00 Movie Night: <i>About Time</i> —Ch 1978	
13 10:00 New in the News—LR 1:00 Mark on Music—LHLR 3:00 Gratitude Pumpkins —LR	14 10:00 Monday Movie: <i>Invincible</i> —Ch 1978 10:30 Sit & Fit—LR 11:00 Trivia—LR 1:00 Bible Study—HHLIB 1:00 Dog Visits with Emma 1:30 Ping Pong Cup—LR 2:15 Memory Card Game—LR 3:15 Making Quesadillas—LR 6:00 Room Visits—LR	15 9:00 Chair Aerobics—Ch 1978 10:15 Music & Manicures—LR 11:00 Documentary: Experiencing Hubble, Pt 2—Ch 1978 11:00 Unscramble—LR 1:00 Dog Visits with Rosie 1:00 Book Cart with Pat 1:30 Men's Club—HH Lib 1:30 Horticulture with Patti: Let's Talk Pumpkin 3:00 Hymn Sing with Julie—LR 6:00 Adult Coloring—LR	16 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:30 Music Fit—LR 11:00 Travel: Discovering Egypt —Ch 1978 1:00 Tai Chi with Mark—LR 1:30 Hand Massage—LR 2:30 Jewelry—LR 3:30 Basketball—LR 6:30 Table Games—LR 7:00 Phyllis Chapell & SIORA —Aud/Ch 1978	17 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion —Ch 1978 10:15 Unscramble—LR 11:00 Musical: <i>The Pajama Game</i> —Ch 1978 11:00 Dance—LR 2:00 Equine Therapy 3:30 Sensory—LR	18 9:00 Tai Chi—Ch 1978 10:00 Music Videos—LR 11:00 Ecumenical Service —Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 7:00 Movie Night: <i>The Agony & The Ecstasy</i> —Ch 1978	19 10:00 Craft—LR 1:00 Music Therapy with Kyleigh—LR 3:00 Finish the Words—LR 7:00 Movie Night: <i>Miracle on 34th Street</i> —Ch 1978	
20 10:00 Uno—LR 1:00 Cooking Pizza—LR 1:00 Eagles Watch Party —LR 3:00 Unscramble—LR	21 10:00 Dog Visits with Basil 10:00 Monday Movie: <i>American Underdog</i> —Ch 1978 10:30 Sit & Fit—LR 11:00 Thanksgiving Trivia—LR 1:00 Bible Study—HHLIB 2:15 Jeopardy—LR 3:00 Low Vision Support Group—Fitness Studio 3:15 Football Toss—LR 6:00 Thanksgiving Traditions—LR	22 9:00 Chair Aerobics—Ch 1978 10:15 Catholic Mass—LH LR 11:00 Documentary: Secrets of Mental Math, Pt 1—Ch 1978 1:00 Book Cart with Pat 1:30 Men's Club—HHLIB 1:30 Horticulture with Patti: Flower Arranging—LR 3:00 Hymn Sing with Julie—LR 6:00 Uno—LR	23 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:30 Music Fit—LR 11:00 Travel: Discovering Spain —Ch 1978 1:00 Tai Chi with Mark—LR 1:00 Trip: Christmas Shopping 1:30 Balloon Volleyball—LR 2:30 Craft—LR 3:30 Finish the Word—LR 7:00 Fred Moyer—Ch 1978	24 Happy Thanksgiving 10:00 Turkey Toss—LR 1:00 Thanksgiving Around the World—LR 3:00 Pumpkin Milkshake Social—LR	25 9:00 Tai Chi—Ch 1978 10:00 Category Snap—LR 11:00 Ecumenical Service —Ch 1978 1:45 Bingo—LR 3:00 Mocktails 7:00 Movie Night: <i>The Finest Hours</i> —Ch 1978	26 10:00 Ball Toss—LR 1:00 Music Therapy with Kyleigh—LR 3:00 Catholic Communion 3:30 Pianist, Nicole Wang —LHLR 7:00 Movie Night: <i>61</i> —Ch 1978	
27 10:00 Morning Stretch—LR 1:00 Hand Massage—LR 2:30 Music Therapy with Molly—LR 3:30 Animals of the World —LR	28 10:00 Movie: <i>The Game Plan</i> —Ch 1978 10:30 Sit & Fit—LR 11:00 Adult Coloring—LR 1:00 Bible Study—HHLIB 1:30 Category Snap—LR 2:15 Unscramble—LR 3:15 Table Game—LR 6:00 Music Memories—LR	29 9:00 Chair Aerobics—Ch 1978 10:15 Music & Manicures—LR 11:00 Shake a Memory Loose —LR 11:00 Documentary: Secrets of Mental Math, Pt 2—Ch 1978 1:00 Book Cart with Pat 1:00 Dog Visits with Rosie—LR 1:30 Men's Club—HH Lib 2:00 Balloon Volleyball—LR 3:00 Hymn Sing with Julie—LR 6:00 Adult Coloring—LR	30 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:00 Craft Fair—Aud 10:30 Music Fit—LR 11:00 Travel: Discovering Italy —Ch 1978 1:00 Tai Chi with Mark—LR 1:30 Trivia—LR 2:30 Uno—LR 3:30 Sing-Along—LR 6:30 Baking: Pumpkin Pie—LR 7:00 Parlour Noir—Aud/Ch 1978			Location Key: Ch 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden (outdoors) LR—Living Room Cart—Will come room to room HHLIB—Holly House Library LHLR—Laurel House Living Room	Programs are subject to change; please see the digital monitors for more up-to-date in- formation. Life Enrichment Office Ext. 3605