


# Holly House Life Enrichment March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Location Key:</b>  <b>Ch 1978:</b>                      This program is on your TV. Please turn the TV in your room to channel 1978  <b>SG—Stratton Garden (outdoors)</b>  <b>LR—Living Room</b>                      Cart—Will come room to room                      HHLIB—Holly House Library                      LHLR—Laurel House Living</p>	<p><b>Programs are subject to change; please see the digital monitors for more up-to-date information.</b>  <b>Life Enrichment Office</b>  <b>Ext. 3605</b></p>		<p><b>1</b> 9:00 Strength &amp; Stretch—Ch 1978                      10:00 Rosary—Ch 1978                      10:00 Hymn Sing—LR                      10:30 Music Fit—LR                      11:00 Travel: In Search of Ancient Ireland—Ch 1978                      11:00 Puzzles—LR                      1:00 Tai Chi with Mark—LR                      1:30 Dominoes—LR                      2:30 Have You Ever?—LR                      3:30 This or That?—LR                      6:30 Bingo—LR                      7:00 The Liberty Belles Chorus —Ch 1978</p>	<p><b>2</b>                      10:00 Parkinson's in Motion —Ch 1978                      10:15 Balloon Volley—LR                      11:00 Musical: <i>Bye Bye Birdie</i> —Ch 1978                      11:00 50's Music—LR                      2:00 Wii—LR                      3:00 Game Colors—LR                      3:30 Sensory—LR</p>	<p><b>3</b>                      9:00 Tai Chi—Ch 1978                      10:00 March Trivia—LR                      11:00 Ecumenical Service —Aud/Ch 1978                      1:45 Bingo—LR                      3:00 Happy Hour                      3:30 Music Therapy w/Sara—LR                      6:00 Room Visits                      7:00 Movie Night: <i>The Duke</i> —Ch 1978</p>	<p><b>4</b>                      10:00 Conquian Card Game—LR                      1:00 Word Scramble—LR                      2:45 Comedy—LR                      3:30 Adult Coloring—LR                      7:00 Movie Night: <i>The Duke</i> —Ch 1978</p>
<p><b>5</b>                      10:00 Prize Dominoes—LR                      1:00 Color by Number—LR                      3:30 Table Talk—LR</p>	<p><b>6</b> 10:00 Monday Movie: <i>The Snows of Kilimanjaro</i>—Ch 1978                      10:00 Hymn Sing—LR                      10:30 Sit &amp; Fit—LR                      11:00 Dog Visits with Beacon                      11:00 Have You Ever?—LR                      1:00 Bible Study—HHLIB                      1:30 Shamrock Craft—LR                      2:15 Smores Roast—LR                      3:15 Girls Group: Wedding Memories—LR                      6:00 Room Visits</p>	<p><b>7</b> 9:00 Chair Aerobics—Ch 1978                      10:15 Music &amp; Manicures—LR                      11:00 IN2L—LR                      11:00 Documentary: <i>Pizza, A Love Story</i>—Ch 1978                      1:00 Dog Visits with Emma                      1:30 Men's Club—Meditation Room                      1:30 Horticulture: Marvelous Maples—HH Lib                      1:30 Would You Rather? - LR                      2:00 Spot the Difference—LR                      3:00 Hand Massage—LR                      6:00 Trivia—LR                      7:00 Room Visits—LR</p>	<p><b>8</b> 9:00 Strength &amp; Stretch—Ch 1978                      10:00 Rosary—Ch 1978                      10:00 Hymn Sing—LR                      10:30 Music Fit—LR                      11:00 Travel: Discovering Ireland —Ch 1978                      11:00 Puzzles—LR                      1:00 Tai Chi with Mark—LR                      1:30 Dominoes—LR                      2:30 Find the Objects—LR  <b>3:00 Resident Council—LR</b>                      3:30 International Women's Day—LR                      6:30 Baking: Mint Brownies—LR                      7:00 Singer, Blair Johnson—Ch 1978</p>	<p><b>9</b>                      10:00 Parkinson's in Motion —Ch 1978                      10:15 Balloon Volley—LR                      11:00 Musical: <i>Cats</i>—Ch 1978                      11:00 Dance—LR                      2:00 March Birthday Party with Ray Toppi—LHLR                      3:15 Uno—LR                      3:30 Sensory—LR</p>	<p><b>10</b>                      9:00 Tai Chi—Ch 1978                      10:00 Dance—LR                      11:00 Ecumenical Service—Aud/Ch 1978                      1:45 Bingo—LR                      3:00 Mocktails                      4:00 Shabbat—Club Room                      7:00 Movie Night: <i>Allied</i> —Ch 1978</p>	<p><b>11</b> 10:00 Jeopardy—LR                      1:00 Tenzi—LR                      2:45 Finish the Lyric—LR                      3:00 Catholic Communion                      3:30 DIY Lucky Charms—LR                      4:15 Catholic Communion Svs—Ch 1978                      7:00 Movie Night: <i>Only the Brave</i>—Ch 1978</p>
<p><b>12</b>                      10:00 ABC Categories—LR                      1:00 Mark on Music—LHLR                      2:45 Music Therapy with Molly—LR                      3:30 Piggy Bankers—LR —LR</p>	<p><b>13</b> 10:00 Monday Movie: <i>Emma</i> —Ch 1978                      10:00 Hymn Sing—LR                      10:30 Sit &amp; Fit—LR                      11:00 Dog Visits with Beacon                      11:00 Adult Coloring—LR                      1:00 Bible Study—HHLIB                      1:30 Sing-Along—LR                      2:15 Uno—LR                      3:15 This or That? - LR</p>	<p><b>14</b> 9:00 Chair Aerobics—Ch 1978                      10:15 Music &amp; Manicures—LR                      11:00 Animal Cams—LR                      11:00 Documentary: Postcards from Ireland—Ch 1978                      1:30 Men's Club—Meditation Rm                      1:30 Horticulture: Flower Arranging—HH Lib                      2:00 Spot the Difference—LR                      3:00 Hand Massage—LR                      6:00 Trivia—LR</p>	<p><b>15</b> 9:00 Strength &amp; Stretch—Ch 1978                      10:00 Rosary—Ch 1978                      10:00 Hymn Sing—LR                      10:30 Music Fit—LR                      11:00 Puzzles—LR                      11:00 Travel: Absolutely Irish —Ch 1978                      1:00 Tai Chi with Mark—LR                      1:30 Trip: Tea Room                      1:30 Dominoes—LR                      2:30 Have You Ever?—LR                      3:30 Find the Objects—LR                      6:30 Table Games—LR                      7:00 Minas's Performance—Ch 1978</p>	<p><b>16</b> 10:00 Parkinson's in Motion —Ch 1978                      10:15 Balloon Volley—LR                      11:00 Musical: <i>Seven Brides for Seven Brothers</i>—Ch 1978                      11:00 50's Music—LR                      1:30 Wii—LR                      2:30 Equine Therapy—LR                      3:00 Craft—LR                      3:45 Sensory—LR                      7:00 Lecturer: Buntzie Ellis Churchill—Ch 1978</p>	<p><b>17</b> 9:00 Tai Chi—Ch 1978                      10:00 St. Patrick's Day Party with Bill Monaghan—LHLR                      11:00 Ecumenical Service —Aud/Ch 1978                      1:45 Bingo—LR                      3:00 Happy Hour                      7:00 Movie Night: <i>Take Me Out to the Ball Game</i>—Ch 1978</p>	<p><b>18</b> 10:00 Exercise—LR                      1:00 Irish Music—LR                      2:45 Shamrock Shakes—LR                      3:00 Catholic Communion                      3:30 Irish Trivia—LR                      4:15 Catholic Communion Svs—Ch 1978                      7:00 Movie Night: <i>Get Low</i> — Ch 1978</p>
<p><b>19</b>                      10:00 Exercise—LR                      1:00 Irish Dancing—LHLR                      2:45 Music Therapy with Molly—LR                      3:30 Travel to Ireland—LR</p>	<p><b>20</b> 10:00 Monday Movie: <i>Anne of Green Gables</i>—Ch 1978                      10:00 Dog Visits with Basil                      10:00 Hymn Sing—LR                      10:30 Sit &amp; Fit—LR                      11:00 Dog Visits with Beacon                      11:00 Sing-Along—LR                      1:00 Bible Study—HHLIB                      2:00 First Day of Spring Music with Joe Caristo—LHLR                      3:00 Low Vision Support Group—Fitness Studio                      3:15 This or That? - LR</p>	<p><b>21</b> 9:00 Chair Aerobics—Ch 1978                      10:15 Music &amp; Manicures—LR                      11:00 IN2L—LR                      11:00 Documentary: The Planets, Disc 1—Ch 1978                      1:30 Men's Club—HH Lib                      2:00 Spot the Difference—LR                      3:00 Hand Massage—LR                      6:00 Trivia—LR</p>	<p><b>22</b> 9:00 Strength &amp; Stretch—Ch 1978                      10:00 Rosary—Ch 1978                      10:00 Hymn Sing—LR                      10:30 Music Fit—LR                      11:00 Puzzles—LR                      11:00 Travel: Visions of Scotland —Ch 1978                      1:00 Tai Chi with Mark—LR                      1:30 Dominoes—LR                      2:30 Have You Ever?—LR                      3:30 Find the Objects—LR                      7:00 Broadway with the Smithersons—Ch 1978</p>	<p><b>23</b>                      10:00 Parkinson's in Motion —Ch 1978                      10:15 Balloon Volley—LR                      11:00 Musical: <i>The Greatest Showman</i>—Ch 1978                      11:00 Dance—LR                      1:30 Word Scramble—LR                      2:00 Wii—LR                      3:00 Uno—LR                      3:45 Sensory—LR</p>	<p><b>24</b> 9:00 Tai Chi—Ch 1978                      10:00 Tangrams—LR                      11:00 Ecumenical Service —Aud/Ch 1978                      1:45 Bingo—LR                      3:00 Mocktails                      3:30 Piano with Eileen—LR                      4:00 Shabbat—Club Room                      7:00 Movie Night: <i>Murder on the Orient Express</i>—Ch 1978</p>	<p><b>25</b>                      10:00 Conquian Card Game—LR                      1:00 Comedy—LR                      2:45 Game Colors—LR                      3:00 Catholic Communion                      3:30 Cookie Bake—LR                      4:15 Catholic Communion Svs —Ch 1978                      7:00 Movie Night: <i>The Lightkeepers</i> —Ch 1978</p>
<p><b>26</b>                      10:00 Table Talk—LR                      1:00 Color by Number—LR                      2:45 Music Therapy with Molly—LR                      3:30 Word Scramble—LR</p>	<p><b>27</b> 10:00 Monday Movie: <i>Benji, Off Leash</i>—Ch 1978                      10:00 Catholic Mass—LH LR                      10:00 Hymn Sing—LR                      10:30 Sing-Along—LR                      11:00 Dog Visits with Beacon                      1:00 Bible Study—HHLIB                      1:30 World Theater Day—LR                      2:15 Spelling Bee—LR                      3:15 Test Your Classical Music Memory Game—LR</p>	<p><b>28</b> 9:00 Chair Aerobics—Ch 1978                      10:15 Music &amp; Manicures—LR                      11:00 IN2L—LR                      11:00 Documentary: The Planets, Disc 2—Ch 1978                      1:30 Men's Club—Meditation Rm                      1:30 Horticulture: North American Wildlife—HH Lib                      2:00 Spot the Difference—LR                      3:00 Hand Massage—LR                      6:00 Trivia—LR</p>	<p><b>29</b> 9:00 Strength &amp; Stretch—Ch 1978                      10:00 Rosary—Ch 1978                      10:00 Hymn Sing—LR                      10:30 Music Fit—LR                      11:00 Puzzles—LR                      11:00 Travel: Rainier the Mountain—Ch 1978                      1:00 Tai Chi with Mark—LR                      1:30 Traveling Flute Music                      2:30 Dominoes—LR                      3:30 Have You Ever?—LR                      6:30 IN2L—LR</p>	<p><b>30</b>                      10:00 Parkinson's in Motion —Ch 1978                      10:15 Balloon Volley—LR                      11:00 Musical: <i>The Sound of Music</i>—Ch 1978                      11:00 50's Music                      1:30 Conquian Card Game—LR                      2:00 Wii—LR                      3:00 Uno—LR                      3:45 Sensory—LR</p>	<p><b>31</b>                      9:00 Tai Chi—Ch 1978                      10:00 Dance—LR                      11:00 Ecumenical Service —Aud/Ch 1978                      1:45 Bingo—LR                      3:00 Happy Hour                      3:30 Music Therapy w/ Sara —LR                      7:00 Movie Night: <i>Life is Beautiful</i>—Ch 1978</p>	