


Laurel House Life Enrichment March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p style="text-align: center;">Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978</p> <p>SG—Stratton Garden WG—Woodland Garden LR—Living Room LH Lib—Laurel House Library Cart—Will come room to room</p>	<p>Programs are subject to change; please see the digital monitors for more up-to-date information.</p> <p>Life Enrichment Office Ext. 3605</p>		<p>1 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:15 Book Club—LR 10:30 Dog Visits with Beacon 11:00 Travel: In Search of Ancient Ireland—Ch 1978 11:00 Twenty Questions—LR 1:00 Yoga with Sharon—LR 1:00 Dog Visits with Winnie 1:30 Words in Words—LR 2:30 Balloon Volley—LR 3:00 Wine Down Wednesday Cart 6:00 Rummikub—LR 7:00 The Liberty Belles—Aud/Ch 1978</p>	<p>2 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:00 Dog Visits with Winnie 10:15 Sit & Fit—LR 11:00 Word Games—LR 11:00 Musical: <i>Bye Bye Birdie</i>—Ch 1978 1:30 Men's Club—LH Lib 2:30 Tea & Tunes—LR 3:30 Rosary with Doris—LH Lib 3:30 Hand Massages—LR 6:30 Prize Bingo—LR</p>	<p>3 9:00 Tai Chi—Ch 1978 10:00 Animals in the Wild Trivia—LR 10:30 Low Vision Sit & Fit—LR 11:00 Ecumenical Service—Aud/Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 7:00 Can You Pronounce these Baby Names?—LR 7:00 Movie Night: <i>Courageous</i>—Ch 1978</p>	<p>4 10:45 Color By Number—LR 2:00 Wii—LR 3:15 Tastykake Bingo—LR—LR 7:00 Movie Night: <i>The Duke</i>—Ch 1978</p>
<p>5 10:45 Dance—LR 2:00 Seek & Find—LR 3:15 Balloon Volley—LR</p>	<p>6 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>The Snows of Kilimanjaro</i>—Ch 1978 10:15 March Fun Facts—LR 11:00 Uno—LR 1:00 Tai Chi with Mark—LR 1:00 Dog Visits with Beacon 1:30 Word Scapes—LR 2:15 Stained Glass Cookie Bake—LR 3:15 Pick-A-Song—LR 7:00 Brain Games—LR</p>	<p>7 9:00 Chair Aerobics—Ch 1978 10:30 Sit & Fit/Balance—LR 11:00 Documentary: <i>Pizza, A Love Story</i>—Ch 1978 11:00 All About Flowers—LR 1:30 All About Purim, Jewish Holiday Celebrating Deliverance—LR 2:00 Chaplain Visits 2:15 National Unique Names Day—LR 3:00 Horticulture: Marvelous Maples—LR 6:00 Uno—LR 7:00 House Hunting—LR</p>	<p>8 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:15 Book Club—LR 10:30 Dog Visits with Beacon 11:00 Travel: Discovering Ireland—Ch 1978 11:00 Have You Ever?—LR 1:00 Yoga with Sharon—LR 1:30 Celebrating International Women's Day—LR 2:30 Resident Council—LR 3:00 Lecture: Blood Sugar Control—LR 3:30 Wine Down Wednesday Cart 7:00 Singer, Blair Johnson—Aud/Ch</p>	<p>9 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:15 Sit & Fit—LR 11:00 Cranium Crunch—LR 11:00 Musical: <i>Cats</i>—Ch 1978 1:30 Men's Club—LH Lib 2:00 March Birthday Party with Ray Toppi—LR 3:30 Rosary with Doris—LH Lib 3:30 Hand Massages—LR 6:30 Prize Bingo—LR</p>	<p>10 9:00 Tai Chi—Ch 1978 10:00 March Trivia—LR 10:30 Low Vision Sit & Fit—LR 11:00 Ecumenical Service—LHLR 1:45 Bingo—LR 3:00 Mocktails 4:00 Shabbat—Club Room 7:00 Movie Night: <i>Allied</i>—Ch 1978</p>	<p>11 10:45 Jeopardy—LR 2:00 Pasta Making—LR 3:15 Susan B. Anthony—LR 3:00 Catholic Communion 4:15 Catholic Communion Svs—Ch 1978 7:00 Movie Night: <i>Only the Brave</i>—Ch 1978</p>
<p>12 10:45 DIY Lucky Charms—LR 1:00 Mark on Music—LR 2:00 Methacton High School Student Tea—LR 3:15 Irish Poems, Limericks, & Trivia—LR</p>	<p>13 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Emma</i>—Ch 1978 10:15 Name That Tune—LR 11:00 What Does Your Name Mean?—LR 1:00 Tai Chi with Mark—LR 1:00 Dog Visits with Beacon 1:30 March Poems—LR 2:15 Travel to Poland & Polish Cookie Samples—LR 3:15 Jewelry Making—LR</p>	<p>14 9:00 Chair Aerobics—Ch 1978 10:30 Sit & Fit—LR 11:00 Documentary: <i>Postcards from Ireland</i>—Ch 1978 11:00 Penny Ante—LR 1:30 Hand Massage—LR 2:00 Chaplain Visits 2:30 National Pi Day, Let's Eat Pie—LR 3:00 Horticulture: Flower Arranging—LR 3:00 Scrabble—LR 7:00 Table Games—LR</p>	<p>15 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:15 Book Club—LR 10:30 Dog Visits with Beacon 11:00 Travel: Absolutely Irish—Ch 1978 11:00 Word Ladders—LR 1:00 Yoga with Sharon—LR 1:30 Concentration—LR 2:00 Music of Ireland—LR 3:00 Wine Down Wednesday Cart 7:00 Minas's Performance—Aud/Ch 1978</p>	<p>16 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LR 11:00 History of St. Patrick's Day—LR 11:00 Musical: <i>Seven Brides for Seven Brothers</i>—Ch 1978 1:30 Men's Club—LH Lib 1:30 Equine Therapy—LR 2:30 Travel to Ireland, Shamrock Shakes—LR 3:30 Rosary with Doris—LH Lib 3:30 Hand Massages—LR 6:30 Prize Bingo—LR 7:00 Lecturer: Buntzie Ellie Churchill—Aud/Ch 1978</p>	<p>17 9:00 Tai Chi—Ch 1978 10:15 St. Patrick's Day Party with Bill Monaghan—LR 11:00 Ecumenical Service—Aud/Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 7:00 Movie Night: <i>Take Me Out to the Ball Game</i>—Ch 1978</p>	<p>18 10:45 Exercise—LR 2:00 Making St. Patrick's Day Bark—LR 3:15 Partner Cornhole—LR 3:00 Catholic Communion 4:15 Catholic Communion Svs—Ch 1978 7:00 Movie Night: <i>Get Low</i>—Ch 1978</p>
<p>19 10:45 Exercise—LR 1:00 Irish Dancing—LR 2:00 Music Through the Ages—LR 3:15 Wheel of Fortune—LR</p>	<p>20 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Anne of Green Gables</i>—Ch 1978 10:15 Word Games—LR 11:00 Uplifting Stores—LR 1:00 Tai Chi with Mark—LR 1:00 Dog Visits with Beacon 2:00 First Day of Spring Music with Joe Caristo—LR 3:00 Low Vision Support Group—Fitness Studio 3:15 U.S. Patents—LR</p>	<p>21 9:00 Chair Aerobics—Ch 1978 10:15 Sit & Fit/Balance—LR 11:00 Documentary: <i>The Planets, Disc 1</i>—Ch 1978 11:00 World Poetry Day—LR 1:00 Dog Visits with Emma 1:30 Hand Massage—LR 2:00 Chaplain Visits 2:30 Sit & Fit/Balance—LR 3:00 Spring is Here Social—LR 7:00 Table Games—LR</p>	<p>22 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:15 Painting with Judy—LR 10:30 Dog Visits with Beacon 11:00 Travel: <i>Visions of Scotland</i>—Ch 1978 11:00 Short Stories—LR 1:00 Yoga with Sharon—LR 1:30 Who Am I?—LR 2:15 Crossword Puzzle—LR 3:00 Wine Down Wednesday Cart 7:00 Broadway with the Smithersons—Aud/Ch 1978</p>	<p>23 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LR 11:00 Trivia—LR 11:00 Musical: <i>The Greatest Showman</i>—Ch 1978 1:30 Men's Club—LH Lib 2:30 National Chip & Dip Day—LR 3:30 Rosary with Doris—LH Lib 3:30 Hand Massages—LR 6:30 Prize Bingo—LR</p>	<p>24 9:00 Tai Chi—Ch 1978 10:00 Relax with Music—LR 10:30 Low Vision Sit & Fit—LR 11:00 Ecumenical Service—Aud/Ch 1978 1:45 Bingo—LR 2:15 Dog Visits with Issy 3:00 Mocktails 4:00 Shabbat—Club Room 7:00 Movie Night: <i>Murder on the Orient Express</i>—Ch 1978</p>	<p>25 10:45 Uno—LR 2:00 Wii—LR 3:15 Saturday Stretch—LR 3:00 Catholic Communion 4:15 Catholic Communion Svs—Ch 1978 7:00 Movie Night: <i>The Lightkeepers</i>—Ch 1978</p>
<p>26 10:45 Dance—LR 2:00 Spot the Difference—LR 3:15 Famous Women—LR</p>	<p>27 9:00 Aerobics—Ch 1978 10:00 Monday Movie: <i>Berji, Off Leash</i>—Ch 1978 10:00 Catholic Mass—LH LR 1:00 Tai Chi with Mark—LR 1:00 Dog Visits with Beacon 1:30 Travel to Hawaii—LR 2:15 Women in Music—LR 3:15 Travel to Alaska—LR</p>	<p>28 9:00 Chair Aerobics—Ch 1978 10:30 Sit & Fit/Balance—LR 11:00 The Alphabet Game—LR 11:00 Documentary: <i>The Planets, Disc 2</i>—Ch 1978 1:30 Hand Massage—LR 2:00 Chaplain Visits 2:15 Spell-A-Thon—LR 3:00 Horticulture: North American Wildlife—LR 3:00 Water Color Paintings—LR 7:00 Table Games—LR</p>	<p>29 9:00 Strength & Stretch—Ch 1978 10:00 Rosary—Ch 1978 10:15 Book Club—LR 10:30 Dog Visits with Beacon 11:00 Travel: <i>Rainier the Mountain</i>—Ch 1978 11:00 Funny Stories—LR 1:00 Yoga with Sharon—LR 1:30 Trip: Tea Room 1:30 Unscramble—LR 2:15 All About the Manatee—LR 3:00 Wine Down Wednesday Cart 7:00 Irish Music with Gerry Timlin—Aud/Ch 1978</p>	<p>30 9:00 Balance—Ch 1978 10:00 Parkinson's in Motion—Ch 1978 10:30 Sit & Fit—LR 11:00 Word Games—LR 11:00 Musical: <i>The Sound of Music</i>—Ch 1978 1:30 Men's Club—LH Lib 2:30 Coffee Break—LR 3:30 Rosary with Doris—LH Lib 3:30 Hand Massages—LR 6:30 Prize Bingo—LR</p>	<p>31 9:00 Tai Chi—Ch 1978 10:00 Trivial Pursuit—LR 10:30 Low Vision Sit & Fit—LR 11:00 Ecumenical Service—Aud/Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 7:00 Movie Night: <i>Life is Beautiful</i>—Ch 1978</p>	