# Catered Living at Meadowood







# What Is Catered Living?

Catered Living is an option for residents who choose to have services performed in the comfort of their own Meadowood home in order to maintain their independence.

Residents are connected with services and resources that center around their unique needs.

The Catered Living team consists of:



Resident Care



Social Worker



Home Health



Fitness & Wellness Services



**Dining Services** 



Light Housekeeping





"Catered Living is the best of both worlds — staying in my own home at Meadowood with just the support I need for everyday living."

— Nancy G.

# Live Your Best Life With Catered Living

At Meadowood, we believe that the ability for you to live as independently as possible while residing safely in your own home is extremely important to your health and well-being.

The goal of Meadowood's Catered Living program is to help you or a loved one live comfortably and well in familiar surroundings. Our program focuses on service and enhancing an individual's abilities to continue to live self-sufficiently in the Meadowood community.

Your unique care needs will be determined by you and your family members with coordination by the Meadowood Care Team. Catered Living empowers you or a loved one to maintain independence in an atmosphere of security, safety, flexibility and choice. Please contact me with any questions.



Tracy Murray
Catered Living Coordinator
484.991.1875
tmurray@meadowood.net



### Frequently Asked Questions

#### Can I arrange for services on an as-needed basis?

Yes. You can start and stop services whenever you want.

#### How do I pay for services?

Charges will appear on your monthly statement.

#### Why doesn't my Life Care contract pay for Catered Living?

Rather than spread the monthly cost among all residents, each individual is billed for the specific services provided.

#### What is the hourly fee?

The hourly fee is based on services as noted on the ancillary fee schedule. To provide flexibility and minimize costs, the fee can be prorated to increments as little as a quarter-hour.

#### Who provides the services?

Catered Living assistants employed by Meadowood and, when needed, home care agencies carefully vetted by the Catered Living Coordinator.

#### How do I arrange to have Catered Living?

Contact the Catered Living Coordinator, Tracy Murray, at ext. 1875. She will meet with you to suggest services to foster your independence and answer any questions you may have.



## Catered Living Services

- Medication and appointment reminders
- Light housekeeping and laundry
- Grocery shopping
- Meal planning, preparation and cleanup
- Assistance with dressing, bathing and mobility issues
- Help with morning and evening routines
- Pet care
- Escort for lunch and/or dinner
- Short-term respite care
- Companionship
- Letter writing and mail reading
- Daily telephone checkup
- Trash removal





#### Just What You Need When You Need It

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