



# Laurel House Life Enrichment September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Programs are subject to change; please see the digital monitors for more up-to-date information.</b> Life Enrichment Office Ext. 3605</p>		<p><b>Location Key:</b> Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden WG—Woodland Garden LR—Living Room LH Lib—Laurel House Library Cart—Will come room to room</p>		<p><b>1</b> 10:30 Low Vision Sit &amp; Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978  1:45 Bingo—LR 3:00 Happy Hour 4:00 Shabbat—Club Room 7:00 Movie Night: <i>Goodbye Mr. Chips</i>—Ch 1978 7:00 Floor Bowling—LR</p>	<p><b>2</b> 10:45 Exercise—LR 2:00 Concentration—LR 3:00 Catholic Communion 3:15 Balloon Volleyball—LR 4:15 Catholic Communion Svs —Ch 1978 7:00 Movie Night: <i>The Cider House Rules</i>—Ch 1978</p>	
<p><b>3</b> 10:45 Exercise—LR 2:00 Trivia Fun—LR 3:15 Table Games—LR</p>	<p><b>4 Labor Day</b> 10:45 Rummikub—LR 2:00 Labor Day Music with John Cosentini—LHLR 3:15 Cornhole &amp; Lemonade on the Patio—SG</p>	<p><b>5</b> 10:30 Sit &amp; Fit/Balance—LR 11:00 Documentary: <i>Deepest Breath</i>—Ch 1978 11:00 Word Games—LR 1:30 Book Cart with Pat 1:30 Bananagrams—LR 2:00 Chaplain Visits 2:00 MW Sing-Along—LR 2:30 Outdoor Walks 3:00 Horticulture: Flower Pressing —LR  6:00 Finish the Phrase—LR 7:00 Wii Bowling—LR</p>	<p><b>6</b> 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Travel: <i>The World's Most Amazing Vacation Rentals</i> —Ch 1978  11:00 Twenty Questions—LR 1:30 Yoga with Sharon—LR 2:00 Burro Card Game—LR 3:00 Teaching Jewish Holidays—Club 3:00 Good News Stories—LR 6:00 Word Scramble—LR 7:00 Rummikub—LR</p>	<p><b>7</b> 10:30 Sit &amp; Fit—LR 11:00 Words in Words—LR 11:00 PBS Special: Saving the National Treasures—Ch 1978 1:30 Men's Club—LH Lib 2:00 Painting Wood Flowers—LR 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR</p>	<p><b>8</b> 10:30 Low Vision Sit &amp; Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978  1:45 Bingo—LR 3:00 Piano with Eileen &amp; Mocktails—LR 7:00 Movie Night: <i>To Sir with Love</i>—Ch 1978 7:00 Cornhole—LR</p>	
<p><b>10</b> 10:15 Grandparent's Day Music with Lizzy Wang —LR  1:00 Mark on Music—LR 2:00 Mexican Lottery—LR 3:15 Grandparent's Day Memories—LR</p>	<p><b>11</b> 10:00 Monday Movie: <i>A Star Spangled Story</i>—Ch 1978 10:15 Patriot's Day Honors—LR 11:00 Uno—LR 1:00 Tai Chi with Mark—LR 1:30 Penny Ante—LR 2:15 Travel USA—LR 3:15 Wii Bowling—LR 7:00 Table Games—LR</p>	<p><b>12</b> 10:30 Sit &amp; Fit/Balance—LR 11:00 Documentary: <i>Turning Point: 9/11</i>—Ch 1978 11:00 Word Games—LR 1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 Chaplain Visits 2:00 Virtual Reality Dance—LR 3:00 Twenty Questions—LR 3:00 Horticulture: The Beauty of Fall —LR  6:00 Trivia—LR 7:00 Outdoor Movie Night—SG</p>	<p><b>13</b> 9:30 Dog Visits with Winnie 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Travel: <i>Live in Color with David Attenborough</i>—Ch 1978 11:00 Have You Ever?—LR 1:30 Yoga with Sharon—LR <b>2:30 Resident Council—LR</b> 3:00 Wii Bowling—LR 6:00 Word Games—LR 7:00 Over &amp; Out—LR</p>	<p><b>14</b> 10:30 Sit &amp; Fit—LR 11:00 Word Chains—LR 11:00 PBS Special: The Crusades—Ch 1978 1:30 Men's Club—LH Lib 2:00 September Birthday Party with Tom Guest—LR 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR 7:00 Lecture: NASA Ambassadors: Drs. Schmiedekamp—Ch 1978</p>	<p><b>15</b> 10:30 Low Vision Sit &amp; Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978  1:15 Rosh Hashana Program—LR 1:45 Bingo—LR 3:00 Happy Hour 4:00 Rosh Hashana Svs—Club Rm 7:00 Movie Night: <i>The Song of Names</i>—Ch 1978 7:00 Uno—LR</p>	
<p><b>17</b> 10:45 New in the News —LR  2:00 Coupon War—LR 3:15 Chardonnay &amp; A Little Laugh—LR</p>	<p><b>18</b> 10:00 Monday Movie: <i>Happiness for Beginners</i>—Ch 1978 10:15 September Fun Facts—LR 11:00 Unscramble—LR 1:00 Tai Chi with Mark—LR 1:30 All About the Tiger—LR 2:15 Lemonade Cake—LR 3:00 Low Vision Support Group—Fitness Studio 3:00 Dog Visits with Mando 3:15 Balloon Volley—LR 7:00 Hand Massage—LR</p>	<p><b>19</b> 10:15 Sit &amp; Fit/Balance—LR 11:00 Documentary: <i>Studio 54</i>—Ch 1978 11:00 Tenzi—LR 11:30 Picnic Lunch—SG 1:00 Dog Visits with Emma 1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 Chaplain Visits 2:00 MW Sing-Along—LR 3:00 Scrabble—LR 3:00 Horticulture: Lavender Sachets—LR 6:00 No Bake Cheesecake—LR 7:00 Table Games—LR</p>	<p><b>20</b> 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Travel: <i>America's Hangar: Where Dreams Take Flight</i> —Ch 1978  11:00 You Be the Judge—LR 1:30 Yoga with Sharon—LR 2:00 Pepperoni Pizza Making—LR 3:00 Painting with Judy—LR 6:00 Trivia—LR 7:15 Duo Music with Pete &amp; Ted —Ch 1978/Aud</p>	<p><b>21</b> 10:30 Sit &amp; Fit—LR 11:00 Categories—LR 11:00 PBS Special: Simon Schama: The Power of Art—Ch 1978 1:30 Men's Club—LH Lib 2:00 Equine Therapy—SG 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR</p>	<p><b>22</b> 10:30 Low Vision Sit &amp; Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978  1:45 Bingo—LR 3:00 Mocktails 7:00 Movie Night: <i>Resistance</i> —Ch 1978  7:00 Rummikub—LR</p>	
<p><b>24</b> 10:45 Exercise—LR 2:00 All About Birds—LR 3:15 Yom Kippur Program—LR</p>	<p><b>25</b> 10:00 Monday Movie: <i>Big</i> —Ch 1978 10:00 Catholic Mass—LH LR 11:00 Fall Trivia—LR 12:00 Yom Kippur Svs—Club Rm 1:00 Tai Chi with Mark—LR 1:30 Fall Craft—LR 2:15 Outdoor Walks—LR 3:15 Shake a Memory Loose—LR 7:00 Floor Bowling—LR</p>	<p><b>26</b> 10:30 Sit &amp; Fit/Balance—LR 10:30 Shuffleboard—LR 11:00 Documentary: <i>Bombshell: Hedy Lamarr</i>—Ch 1978  1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 Chaplain Visits 2:30 Make Fortune Slogans—LR 3:30 Travel to Japan—LR 6:00 Positive News—LR 7:00 Bananagrams—LR</p>	<p><b>27</b> 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Travel: <i>Magical Andes</i>—Ch 1978 11:00 Guesstures—LR 1:30 Trip: Chanticleer Gardens 1:30 Yoga with Sharon—LR 2:00 Flugel Fest Music with Jerry Treccroce—LR 3:00 Travel to Germany—LR 6:00 Scrabble—LR 7:00 Marine Band of Allentown —outdoors by the Grove</p>	<p><b>28</b> 10:30 Sit &amp; Fit—LR 11:00 Lawn Games—LR 11:00 PBS Special: The Hidden Lives of Pets—Ch 1978 1:30 Men's Club—LH Lib 2:00 Music with Pete Smyser &amp; Ice Cream Delivery—LR 3:00 Traveling Trivia 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR</p>	<p><b>29</b> 10:30 Low Vision Sit &amp; Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978  1:15 Sukkot Program—LR 1:45 Bingo—LR 3:00 Oktoberfest Happy Hour: Pretzels &amp; Beer 4:00 Shabbat—SG 7:00 Cornhole—LR</p>	
						<p><b>30</b> 10:45 Table Game—LR 2:00 Mexican Lottery—LR 3:00 Catholic Communion 3:15 Spanish Bracelets—LR 4:15 Catholic Communion Svs —Ch 1978  7:00 Movie Night: <i>Flashdance</i>—Ch 1978</p>