



Laurel House Life Enrichment January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:45 January Trivia—LR 2:00 Year in Review—LR 3:15 Snowflake Craft—LR	2 10:30 Sit & Fit/Balance—LR 11:00 Animals: <i>Inside the Mind of a Cat</i> —Ch 1978 11:00 Burro Card Game—LR 1:30 Book Cart with Pat 2:30 Hand Massage—LR 1:30 MW Sing-Along—LR 2:30 Crossword Puzzle—LR 3:00 Horticulture: Our Feathered Friends—LHLib 3:30 Balloon Volley—LR 6:00 National Swiss Cheese Day—LR 7:00 History Fun Facts—LR	3 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Tenzi—LR 11:00 Documentary: <i>Expedition Happiness</i> —Ch 1978 1:30 Yoga with Sharon—LR 2:00 Penny Ante—LR 3:00 Rummikub—LR 6:00 National Wellness Day: Massage —LR 7:00 Uno—LR	4 10:30 Sit & Fit—LR 11:00 Words in Words—LR 11:00 Based on Real Life: <i>The Dig</i> —Ch 1978 1:30 Men's Club—LH Lib 2:00 Lecture: The Roots of Rock n' Roll—LR 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR	5 9:30 Dog Visits with Winnie 10:30 Low Vision Sit & Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 4:00 Shabbat—Club Room 7:00 Movie Night: <i>Two Popes</i> —Ch 1978	6 10:45 Exercise—LR 2:00 Three Kings Day Activity—LR 3:00 Catholic Communion 3:15 Word Games—LR 4:15 Catholic Communion Svs —Ch 1978 7:00 Movie Night: <i>Dreamgirls</i> —Ch 1978
	7 10:45 Exercise—LR 2:00 Travel to Portugal —LR 2:00 Sunday Matinee: <i>The English Patient</i> —Ch 1978 3:15 7:15 Mainstreet Brass —Aud/Ch 1978	8 10:00 Monday Movie: <i>Nyad</i> —Ch 1978 10:15 Bringing Up Baby—LR 11:00 Cranium Crunch—LR 1:00 Tai Chi with Mark—LR 1:30 All About Elvis—LR 2:15 PB & B & B Sandwiches & Elvis Music—LR 3:15 Uno—LR 7:00 Ladder Ball—LR	9 10:30 Sit & Fit/Balance—LR 11:00 Animals: <i>Penguin Town, 1 & 2</i> —Ch 1978 11:00 Word Scapes—LR 1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 January Poetry—LR 3:00 Horticulture: All About Transplanting—LHLib 3:15 Pick-a-Song—LR 6:00 National Apricot Day Bake—LR 7:00 Table Games—LR	10 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Documentary: <i>Surviving Paradise</i> —Ch 1978 11:00 Jenga—LR 1:30 Yoga with Sharon—LR 2:30 Resident Council—LR 3:00 Our Planet—LR 6:00 Hand Massage—LR 7:00 Roll a Snowman—LR	11 10:30 Sit & Fit—LR 11:00 ABC Categories—LR 11:00 Based on Real Life: <i>I Can Only Imagine</i> —Ch 1978 1:30 Men's Club—LH Lib 2:00 January Birthday Party with Olga Vinokur—LR 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR	12 10:30 Low Vision Sit & Fit —LR 11:00 Ecumenical Service—LR 1:45 Bingo—LR 3:00 Mocktails 7:00 Movie Night: <i>Mary Queen of Scots</i> —Ch 1978 7:00 Trivia—LR
	14 10:45 Wii Bowling—LR 1:30 Mark on Music—LR 2:00 Sunday Matinee: <i>Doctor Zhivago</i> —Ch 1978 3:15 Making Bookmarks —LR	15 10:00 Monday Movie: <i>Harriet</i> —Ch 1978 10:15 National Orange Juice Day Mimosas—LR 11:00 Name That Tune—LR 1:00 Tai Chi with Mark—LR 1:30 Celebrating MLK—LR 2:15 Chocolate Fondue—LR 3:15 Scrabble—LR 7:00 Rummikub—LR	16 10:30 Sit & Fit/Balance—LR 11:00 Animals: <i>Penguin Town, 3 & 4</i> —Ch 1978 11:00 Who Am I?—LR 1:30 Dog Visits with Emma 1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 MW Sing-Along —LR 2:30 Trivia—LR 3:00 Horticulture: Vermiculture—LHLib 3:15 Game of 7—LR 6:00 Hand Massage—LR 7:00 Balloon Volley—LR	17 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Documentary: <i>Mercury 13</i> —Ch 1978 11:00 Uno—LR 1:30 Yoga with Sharon—LR 1:30 Trip: Bowling 2:00 Concentration—LR 3:00 Great Inventions through History—LR 6:00 Trivia—LR 7:00 Rummikub—LR 7:15 Doucette Quartet—Aud/Ch 1978	18 10:30 Sit & Fit—LR 11:00 Categories—LR 11:00 Based on Real Life: <i>Cinderella Man</i> —Ch 1978 1:30 Men's Club—LH Lib 1:30 Equine Therapy 2:00 Name that Tune—LR 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR	19 10:30 Low Vision Sit & Fit—LR 11:00 Ecumenical Service —Aud/Ch 1978 1:45 Bingo—LR 3:00 Happy Hour 3:30 Piano with Eileen—LR 7:00 Movie Night: <i>The Son</i> —Ch 1978 7:00 Bowling—LR
21 10:45 New in the News —LR 2:00 Rummikub—LR 2:00 Sunday Matinee: <i>The Last Samurai</i> —Ch 1978 3:15 Bingo Bonanza—LR	22 10:00 Monday Movie: <i>The Adam Project</i> —Ch 1978 10:00 Catholic Mass—LR 11:00 Trivia Fun—LR 1:00 Tai Chi with Mark—LR 1:30 Unscramble—LR 2:15 Amazing Animal Stories—LR 3:15 Watercolor Paintings—LR 7:00 Balloon Volley—LR	23 10:15 Sit & Fit/Balance—LR 11:00 Animals: <i>Penguin Town, 5 & 6</i> —Ch 1978 11:00 Tenzi—LR 1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 Great USA First Ladies—LR 3:00 Horticulture: Healing Hands—LHLib 3:15 Wii Bowling—LR 7:00 One to One Visits	24 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Documentary: <i>The Trader</i> —Ch 1978 11:00 Bananagrams—LR 1:30 Yoga with Sharon—LR 2:00 Our Fascinating Planets 3:00 Artist of the Month: Horace Pippin—LR 6:00 National Bootleggers Day History—LR 7:00 Uno—LR	25 10:30 Sit & Fit—LR 11:00 You Be the Judge—LR 11:00 Basked on Real Life: <i>Darkest Hour</i> —Ch 1978 1:30 Men's Club—LH Lib 2:00 Basket Weaving Demo—LR 2:30 Winter Craft—LR 3:30 Rosary with Doris—LH Lib 3:30 Nails—LR 7:00 Bingo—LR	26 10:30 Low Vision Sit & Fit —LR 11:00 Ecumenical Service —Aud/Ch 1978 1:30 Dog Visits with Issy 1:45 Bingo—LR 3:00 Mocktails 4:00 Shabbat—Club Room 7:00 Movie Night: <i>The Good Nurse</i> —Ch 1978 7:00 Rummikub—LR	27 10:45 Exercise—LR 2:00 January History—LR 3:00 Catholic Communion 3:15 Candy Dice Game—LR 4:15 Catholic Communion Svs —Ch 1978 7:00 Movie Night: <i>Toscana</i> —Ch 1978
28 10:45 Exercise—LR 2:00 Good News Stories & Hot Cocoa—LR 2:00 Sunay Matinee: <i>A Bridge Too Far</i> —Ch 1978 3:15 Snowman Suncatchers—LR	29 10:00 Monday Movie: <i>The Secret: Dare to Dream</i> —Ch 1978 10:15 Do You Hear What I Hear? —LR 10:45 National Puzzle Day—LR 1:00 Tai Chi with Mark—LR 1:30 Roll a Snowman—LR 2:15 Music with Wendy & Rik—LR 3:15 Tenzi—LR	30 10:15 Sit & Fit/Balance—LR 11:00 Mad Libs—LR 11:00 Animals: <i>Penguin Town, 7 & 8</i> —Ch 1978 1:30 Book Cart with Pat 1:30 Hand Massage—LR 2:00 Crepes Making—LR 3:00 Horticulture: Plant Clinic—Room to Room 3:30 Crepes Social—LR 6:00 Chicken or the Egg Trivia—LR 7:00 All About Us—LR	31 10:00 Rosary—Ch 1978 10:15 Book Club—LR 11:00 Documentary: Yogi Berra: It Ain't Over Yet—Ch 1978 11:00 National Hot Cocoa Day—LR 1:30 Yoga with Sharon—LR 2:00 Basket Weaving Class—LR 3:30 Laughter is the Best Medicine—LR 6:00 Life Long Learning—LR 7:00 Bowling—LR 7:15 Corinna Sowers Adler—Aud/Ch 1978		Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden WG—Woodland Garden LR—Living Room LH Lib—Laurel House Library Cart—Will come room to room	Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605