


McLean Center Life Enrichment May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden (outdoors) LHLR—Laurel House Living Room LH Lib—Laurel House</p>	<p>Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605 All activities are located in the McLean Center unless otherwise noted</p>		<p>1 10:30 One to Ones 11:00 May Day Craft 1:00 Men's Club 1:30 Sit & Fit 2:00 Trip: Merrymeade 2:15 May Day History & Trivia 3:00 Bingo 3:45 Ladder Ball 5:30 Evening Strolls</p>	<p>2 10:15 Hymn Sing 11:00 May Trivia 1:30 Balance 2:00 Operation Gratitude 3:15 Watercolor Flowers 4:00 Wine Down 5:30 IN2L Fun</p>	<p>3 10:00 Communion Svs with Eric 10:30 A to Z 11:00 Ecumenical Service —Ch 1978 11:00 Finish the Phrase 1:30 Strength & Stretch 2:15 Music Therapy with Sara 3:15 Mocktails 5:30 Popcorn & Movie Night</p>	<p>4 10:30 Pet Memories 11:00 Daily Chronicles 1:30 Card Games 2:00 Learn Italian 3:00 IN2L 3:00 Catholic Communion 4:15 Catholic Communion Svs—Aud 5:30 Kentucky Derby Foods</p>
<p>5 10:30 Table Games 11:00 Junk Drawer Detective 1:30 Puzzles 2:15 Reminisce 3:00 IN2L 3:30 Music Therapy with Molly 5:30 Wine with Friends</p>	<p>6 10:00 Strength Training 10:30 Thank a Nurse 11:00 Name that Tune 1:30 Chair Yoga 2:15 Bubble Wrap Art 3:00 Bubbly Social 3:45 Quizzo 5:30 Tea and Tunes</p>	<p>7 10:00 Hymn Sing 10:30 Tie-Dyed Tissue Paper Flowers 11:00 60's Trivia 1:15 MW Sing-Along 2:30 Tai Chi with Mark 3:15 Manicures & Music 4:00 Table Talk 5:30 Table Games</p>	<p>8 10:00 Horticulture: Mother's Day Flower Arrangements 10:30 One to Ones 11:00 Jeweler's Row 1:00 Men's Club 1:30 Fast Coca Cola Facts 2:00 Cola Taste Test 3:00 Bingo 3:45 Virtual Reality Fun 5:30 Evening Strolls</p>	<p>9 10:15 Hymn Sing 11:00 All About Europe 1:30 Balance 2:00 May Birthday Party with Steve Ritovato—LHLR 3:15 Uno 4:00 Wine Down 5:30 IN2L Fun</p>	<p>10 10:30 OCEAN Categories 11:00 Ecumenical Service —Ch 1978 11:00 Balloon Toss 1:30 Strength & Stretch 2:15 Ocean Painting 3:00 Happy Hour 5:30 Evening News</p>	<p>11 10:30 Saturday Stretch 11:00 May Trivia 1:30 Balloon Volley 2:00 Game of 7 3:00 IN2L 3:00 Catholic Communion 4:15 Catholic Communion Svs—LHLR 5:30 Hand Massage</p>
<p>12 Mother's Day 10:15 Mother's Day Corsage 10:30 Sunday Stretch 11:00 Mother's Day History & Reminisce 1:30 Walk to Laurel 2:00 Mother's Day Music with the Silver Spotlight—LHLR 3:00 IN2L 5:30 Relax with Music</p>	<p>13 10:00 Strength Training 10:30 Making Suncatchers 11:00 Balloon Toss 1:30 Chair Yoga 2:15 Apple Cake Baking 3:00 Garden Strolls 3:45 Music on the Patio 5:30 Travel Talk</p>	<p>14 10:00 Hymn Sing 10:30 Australia Travelogue 11:00 This Day in History 1:30 Walk to Laurel 2:00 MW Singers Spring Concert—LHLR 2:30 Tai Chi with Mark 3:15 Manicures & Music 4:00 Sensory 5:30 Table Games</p>	<p>15 10:30 Worcester Elementary Readers—LHLR 1:00 Men's Club 1:30 Sit & Fit 2:00 Resident Council 2:30 Candy Dice 3:00 Bingo 3:45 Conductorcize 5:30 Evening Strolls</p>	<p>16 10:15 Hymn Sing 11:00 What Did it Cost? 1:30 Balance 2:00 Wheel of Fortune 3:15 Cornhole 4:00 Wine Down 5:30 IN2L Fun</p>	<p>17 9:30 Dog Visits with Winnie 10:30 Patio Time 11:00 Ecumenical Service —Ch 1978 11:00 Bingo 1:30 Strength & Stretch 2:15 Lean Italian 3:00 Mocktails 5:30 Puzzles</p>	<p>18 10:30 Horse Race Trivia 11:00 History of the Preakness 1:30 Preakness Party 2:00 Horse Racing 3:00 IN2L 3:00 Catholic Communion 4:15 Catholic Communion Svs—Aud 5:30 All About the Preakness 6:30 Preakness Viewing</p>
<p>19 10:30 Daily Chronicle 11:00 Crafters Corner 1:30 Brain Games 2:15 Ice Cream Social 3:00 IN2L 3:30 Music Therapy with Molly 5:30 Chat & Check-In</p>	<p>20 10:00 Strength Training 10:30 Balloon Toss 11:00 Meditation 1:30 Chair Yoga 1:30 Dog Visits with Emma 2:15 Lean Italian 3:00 Low Vision Support – Fitness Studio 3:00 Remember When 3:45 Play with Clay 5:30 Wheel of Fortune</p>	<p>21 10:00 Hymn Sing 10:30 Tulip Craft 11:00 Name That Tune 1:00 Senior Olympics 2:00 Equine Therapy with Vinnie 2:30 Tai Chi with Mark 3:15 Manicures & Music 4:00 Table Talk 5:30 Table Games</p>	<p>22 10:00 Horticulture: Summer Annuals 10:30 One on Ones 11:00 All About Us 1:00 Men's Club 1:30 Sit & Fit 2:15 Kings in the Corner 3:00 Bingo 3:45 Balloon Toss 5:30 Evening Strolls</p>	<p>23 10:15 Hymn Sing 11:00 Name the State 1:30 Balance 2:00 Lecture: The Life of Betty White—LHLR 3:15 Card Games 4:00 Wine Down 5:30 IN2L Fun</p>	<p>24 10:30 Musical Scavenger Hunt 11:00 Ecumenical Service —Ch 1978 1:30 Dog Visits with Issy 1:30 Strength & Stretch 2:15 Music Therapy with Sara 3:00 Happy Hour 5:30 Campfire Songs</p>	<p>25 10:30 Table Games 11:00 Balloon Volley 1:30 Table Talk 2:00 Learn Italian 3:00 IN2L 3:00 Catholic Communion 4:15 Catholic Communion Svs—Aud 5:30 Relaxing Tunes</p>
<p>26 10:30 Reminisce 11:00 Scavenger Hunt 1:30 Paint US Flag 2:15 Partner Cornhole 3:00 IN2L 5:30 Garden Stroll</p>	<p>27 Memorial Day 10:00 Catholic Mass—LHLR 10:30 Patriotic Sing-Along 11:00 Military Family Talk 11:00 Memorial Day Program—Ch 1978 1:30 Walk to Laurel 2:00 Memorial Day Music with Irene & Andy Duo—LHLR 2:15 Virtual Reality 2:30 Write to the Troops 3:00 IN2L 5:30 Walking Meditation</p>	<p>28 10:00 Hymn Sing 10:30 Games on the Patio 11:00 Never Have I Ever 1:30 Travel Tuesday 2:30 Tai Chi with Mark 3:15 Music & Manicures 4:00 Sensory 5:30 Table Games</p>	<p>29 10:00 Horticulture: Pollinators 10:30 One on Ones 11:00 Reminiscing Through the Decades 1:00 Men's Club 1:30 Sit & Fit 2:30 Painting with Judy 3:45 Fitness & Hobby Reminisce 5:30 Evening Strolls</p>	<p>30 10:15 Hymn Sing 11:00 Jeopardy 1:30 Balance 2:00 Scrapbooking 3:15 Sunshine Social 4:00 Wine Down 5:30 IN2L Fun</p>	<p>31 10:30 Categories 11:00 Ecumenical Service —Ch 1978 1:30 Strength & Stretch 2:15 A Colorful Day 3:00 Mocktails 5:30 Movies and Massages</p>	