



McLean Center Life Enrichment November 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>HAPPY Thanksgiving</p>		<p>Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden (outdoors) LHLR—Laurel House Living Room LH Lib—Laurel House Library</p>	<p>Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605 All activities are located in the McLean Center unless otherwise noted</p>		<p>1 10:00 Communion Svs with Eric 10:30 November Trivia 11:00 Ecumenical Service —Ch 1978 11:00 Coloring 1:30 Strength & Stretch 2:15 Uno 3:15 Mocktails 5:30 All Saints Day Facts</p>	<p>2 10:30 What Did it Cost? 11:00 Chat & Check-In 1:00 Folding 1:30 Fall Scenery 2:30 Fall Hedgehog Craft 3:00 Catholic Communion 3:30 Bell Choir 4:15 Catholic Communion Svs—Aud 5:30 Evening Tea</p>
<p>3 10:30 Fall Watercolors 11:00 This Day in History 1:00 Brain Games 1:30 Frank Sinatra Sing-Along 2:30 Pizza Making 3:30 Music Therapy with Molly 5:30 Music & Memories</p>	<p>4 10:00 Strength Training 10:30 Brain Flakes 11:00 Positive News 1:30 Chair Yoga 2:15 Ladder Ball 3:00 Alphabet Game 3:45 Balloon Volley 5:30 Storytelling</p>	<p>5 10:00 Hymn Sing 10:30 November Trivia 11:00 Election Day History 1:15 MW Sing-Along 2:00 Folding 2:30 Tai Chi with Mark 3:15 Manicures & Music 4:00 Sensory</p>	<p>6 10:30 One on Ones 11:00 Fall Categories 1:00 Men's Club 1:30 Dog Visits with Winnie 1:30 Trip: Fall Foliage 1:30 Sit & Fit 2:30 Target Practice 3:00 Bingo 3:45 All About Us 5:30 Folding</p>	<p>7 10:15 Hymn Sing 11:00 Music & Movement 1:00 Dog Visits with Cam 1:30 Balance 2:00 Lecture: The Life & Music of Frank Sinatra—LHLR 3:15 What Did it Cost? 4:00 Wine Down 5:30 Evening Strolls</p>	<p>8 9:30 Dog Visits with Winnie 10:00 Church Service with Eric 10:30 Bell Choir 11:00 Ecumenical Service —Ch 1978 11:00 Word Games 1:30 Strength & Stretch 2:15 Coffee Filter Leaves 3:15 Happy Hour 4:00 Shabbat—Club Room 5:30 Folding</p>	<p>9 10:30 Ball Toss 11:00 Reminisce 1:00 Sing-Along 1:30 Music 2:30 Board Games 3:00 Catholic Communion 3:30 Trivia 4:15 Catholic Communion Svs—LHLR 5:30 IN2L Fun</p>
<p>10 10:30 Current Events 11:00 Coloring 1:00 Wheel of Fortune 1:30 Music Listening 2:30 Bingo 3:30 Music Therapy with Molly 5:30 Storytelling</p>	<p>11 10:00 Strength Training 10:30 Bell Choir 11:00 Finish the Phrase 1:00 Veteran's Day Boutonnieres 1:30 Chair Yoga 2:00 Veteran's Day Patriotic Music with Susan K.—LHLR 3:00 Veteran's Day Trivia 3:45 Poppy Painting 5:30 IN2L Fun</p>	<p>12 10:00 Hymn Sing 10:30 Turkey Suncatchers 11:00 Remember When? 1:30 Dog Visits w/ Rosie/Rudy 1:30 Folding 2:00 Thumb Ball 2:30 Tai Chi with Mark 3:15 Manicures & Music 4:00 Sensory 5:30 Table Games</p>	<p>13 10:00 Horticulture: Flower Crafts 10:30 One on Ones 11:00 Decades Trivia 1:00 Men's Club 1:30 Sit & Fit 2:00 Resident Council 2:10 Worcester Elementary School Readers—LHLR 2:30 Bingo 3:30 Set-Up 5:30 Folding</p>	<p>14 10:15 Hymn Sing 11:00 Music & Movement 1:00 Dog Visits with Cam 1:30 Balance 2:00 Birthday Party with Unforgettable—LHLR 3:15 Avocado Craft 4:00 Wine Down 5:30 Evening Strolls</p>	<p>15 10:00 Church Service with Eric 10:30 Music Bingo 11:00 Ecumenical Service —Ch 1978 1:30 Strength & Stretch 2:15 Leaf Mosaics 3:15 Mocktails 5:30 Folding</p>	<p>16 10:30 Good Morning Yoga 11:00 Bread Bake 1:00 Animal Trivia 1:30 Life in Color 2:30 Zingo 3:00 Catholic Communion 3:30 Thanksgiving Around the World 4:15 Catholic Communion Svs—Aud 5:30 Massage</p>
<p>17 10:30 Walk & Stretch 11:00 Family Feud 1:00 A Picture is Worth 1000 Words 1:30 The Elephant Queen 2:30 Speed Monopoly 3:00 Cool Whip Candy 3:30 Music Therapy with Molly 5:30 Evening Reminisce</p>	<p>18 10:00 Strength Training 10:30 Bell Choir 11:00 Who Am I? 1:30 Chair Yoga 1:30 Dog Visits with Emma 2:15 Tissue Paper Turkeys 3:00 TV Show Bingo 3:45 Thumb Ball 5:30 IN2L Fun</p>	<p>19 10:00 Hymn Sing 10:30 Turkey Craft 11:00 Sudoku 1:15 MW Sing-Along 2:00 Folding 2:30 Tai Chi with Mark 3:00 Low Vision Support—Fitness 3:15 Manicures & Music 4:00 Sensory 5:30 Table Games</p>	<p>20 9:30 Dog Visits with Winnie 10:00 Horticulture: Flower Crafts 10:30 One on Ones 11:00 Making Bookmarks 1:00 Men's Club 1:30 Dog Visits with Winnie 1:30 Sit & Fit 2:00 Dancing Through the Decades with Vivian—LHLR 3:00 Bingo 3:45 Finish the Phrase 5:30 Folding</p>	<p>21 10:15 Hymn Sing 11:00 Music & Movement 1:00 Dog Visits with Cam 1:30 Balance 2:00 Coffee Social 3:15 Guess the TV Tune 4:00 Wine Down 5:30 Evening Strolls</p>	<p>22 10:00 Church Service with Eric 10:30 Daily Chronicles 11:00 Ecumenical Service —Ch 1978 11:00 Current Events 1:30 Dog Visits with Issy 1:30 Strength & Stretch 2:15 Bingo 3:15 Happy Hour 4:00 Shabbat—Club Room 5:30 Storytelling</p>	<p>23 10:30 Table Games 11:00 Balloon Toss 1:00 Folding 1:30 National Geographic 2:30 Sensory Painting 3:00 Catholic Communion 3:30 Bell Choir 4:15 Catholic Communion Svs—Aud 5:30 Quizzo</p>
<p>24 10:30 Name the State 11:00 Chat & Check-In 1:00 Follow Your Nose 1:30 Golden Oldies Sing-Along 2:30 Thanksgiving Name Cards 3:30 Music Therapy with Molly 5:30 Popcorn & Movie Night</p>	<p>25 10:00 Catholic Mass—LHLR 10:00 Trivia 10:30 Reminisce 11:00 Ball Toss 1:30 Chair Yoga 2:15 Uno 3:00 Thanksgiving Facts 3:45 Coloring 5:30 IN2L Fun</p>	<p>26 10:00 Hymn Sing 10:30 Bell Choir 11:00 The Price Was Right 1:30 Equine Therapy with Vinnie 2:00 Folding 2:30 Tai Chi with Mark 3:15 Manicures & Music 4:00 Sensory 5:30 Table Games</p>	<p>27 10:00 Horticulture: Thanksgiving Centerpieces 10:30 One on Ones 11:00 Thanksgiving Pie Bake 1:00 Men's Club 1:30 Sit & Fit 2:00 You Be the Judge 2:30 Walk to Laurel 3:00 Lecture: The Stories Behind Word—LHLR 3:45 Hand Massage 5:30 Folding</p>	<p>28 Happy Thanksgiving 10:30 Thanksgiving Day Parade Watch Party 11:00 Thanksgiving Trivia 1:30 Thanksgiving Memories 2:00 Thanksgiving Jingo 3:15 Music Listening 5:30 Gratitude Game</p>	<p>29 10:00 Church Service with Eric 10:30 Fall Sensory Painting 11:00 Ecumenical Service —Ch 1978 1:30 Walk to Laurel 2:00 Thankful Gospel Music with Joe Tomlinson—LHLR 3:15 Mocktails 5:30 Folding</p>	<p>30 10:30 Finish the Phrase 11:00 Balloon Volley 1:00 Storytelling 1:30 Videos 2:30 Uno 3:00 Videos 3:00 Catholic Communion 3:30 Reminisce 4:15 Catholic Communion Svs—Aud 5:30 Trivia</p>