

McLean Center Life Enrichment February 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Location Key: Channel 1978: This program is on your TV. Please turn the TV in your room to channel 1978 SG—Stratton Garden (outdoors) LHLR—Laurel House Living Room LH Lib—Laurel House</p>	<p>Programs are subject to change; please see the digital monitors for more up-to-date information. Life Enrichment Office Ext. 3605 All activities are located in the McLean Center unless otherwise noted</p>					<p>1 10:30 Monthly Gazette 11:00 February Trivia 1:00 Basketball 1:30 Music Therapy with Molly 2:30 Black History Month Facts 3:00 Catholic Communion 3:30 Reminiscence 4:15 Catholic Communion Svs—Aud 5:30 Storytelling</p>
<p>2 10:30 Groundhog Day Facts 11:00 Groundhog Coloring 1:00 Sing-Along 1:30 Video 2:30 Winter Bingo 3:30 Table Games 5:30 Groundhog Day Trivia</p>	<p>3 10:00 Strength Training 10:30 Love Bracelets 11:00 100 Years of Wedding Dresses 1:00 Dog Visits with Gracie 1:30 Chair Yoga 2:15 Big Band Music with Joe Tomlinson—LHLR 3:00 Coffee Filter Hearts 3:45 Balloon Toss</p>	<p>4 10:00 Hymn Sing 10:30 Black History Month Quilt 11:00 Historical Black Figures 1:15 MW Sing-Along 2:00 Folding 2:30 Tai Chi with Mark 3:15 Art Therapy 4:00 Sensory 5:30 Table Games</p>	<p>5 9:30 Dog Visits with Winnie 10:00 Horticulture: Making Homemade Lotion 10:30 One on Ones 11:00 Love Wreath 1:00 Men's Club 1:00 Trip: Asher's Chocolates 1:30 Sit & Fit 2:00 Animal Trivia 2:30 Bingo 3:30 Sock Snowmen 5:30 Folding</p>	<p>6 10:15 Hymn Sing 11:00 Music & Movement 1:30 Balance 2:00 February B-Day Party with the Music of the Beatles with Bill Monaghan—LHLR 3:15 Tovertafel-Club Room 4:00 Wine Down 5:30 Evening Strolls</p>	<p>7 9:30 Dog Visits with Winnie 10:00 Communion Svs with Eric 10:30 Music Therapy with Marly —LHLR 11:00 Ecumenical Service 1:30 Strength & Stretch 2:15 Conversation Heart Bingo 3:15 Mocktails 5:30 Heart Categories</p>	<p>8 10:30 Easy Stretch 11:00 Trivia 1:00 Tongue Twisters 1:30 Music Therapy with Molly 2:30 Maple Syrup Cake 3:00 Catholic Communion 3:30 Guesstures 4:15 Catholic Communion Svs—LHLR 5:30 Evening Walking Meditation</p>
<p>9 10:30 Morning Yoga 11:00 Pizza Collage 1:00 Fun Facts 1:30 Animal Odd Couples 2:30 Painting to Music 3:30 Parachute Game 5:30 Super Bowl Watch Party</p>	<p>10 10:00 Strength Training 10:30 Chines New Year 11:00 Chinese Zodiac Facts 1:00 Dog Visits with Gracie 1:30 Chair Yoga 2:00 New Year Drink Making 3:00 Chinese New Year Party 3:45 Aquapainting 5:30 Storytelling</p>	<p>11 10:00 Hymn Sing 10:30 Valentine's Day Suncatchers 11:00 Finish the Phrase: Love Edition 1:30 Smoothie Social 2:30 Tai Chi with Mark 2:30 Dog Visits with Rosie/Rudy 3:15 Manicures & Music 4:00 Sensory 5:30 Table Games</p>	<p>12 10:00 Horticulture: Valentine's Day Flowers 10:30 One on Ones 11:00 Marbled Heart Art 1:00 Men's Club 1:00 Dog Visits with Winnie 1:30 Sit & Fit 2:00 Resident Council 2:30 Bingo 3:30 3D Heart Craft 5:30 Folding</p>	<p>13 10:15 Hymn Sing 11:00 Music & Movement 1:30 Balance 2:00 From Your Valentine Sit & Dance with Vivian Hartman —LHLR 3:15 Tovertafel-Club Room 4:00 Wine Down 5:30 Evening Strolls</p>	<p>14 10:00 Church Service with Eric 10:30 Music Therapy with Marly —Ch 1978 11:00 Ecumenical Service 1:30 Strength & Stretch 2:00 Valentine's Day Music with Glen Faul—LHLR 3:15 Happy Hour 4:00 Shabbat—Club Rm 5:30 Valentine Tree Craft</p>	<p>15 10:30 Pasta Art 11:00 Balloon Toss 1:00 Folding 1:30 Music Therapy with Molly 2:30 Velcro Ball Toss 3:00 Catholic Communion 3:30 What Did it Cost? 4:15 Catholic Communion Svs—Aud 5:30 Hot Chocolate Social</p>
<p>16 10:30 Puzzle Piece Art 11:00 Current Events 1:00 Sensory 1:30 Frank Sinatra in Concert 2:30 Coffee Social 3:30 Music Therapy with Molly 5:30 Folding</p>	<p>17 10:00 Strength Training 10:30 President's Day Trivia 11:00 President's Day Coloring 1:00 Dog Visits with Gracie 1:30 Chair Yoga 2:15 No Bake Graham Balls 3:00 Uno 3:45 Thumball 5:30 Rest Categories</p>	<p>18 10:00 Hymn Sing 10:30 Q-Tip Winter Painting 11:00 Thumball 1:15 MW Sing-Along 2:30 Tai Chi with Mark 3:00 Low Vision Support —LHLR 3:15 Massage & Music 4:00 Sensory 5:30 Drumming</p>	<p>19 10:00 Horticulture: Planting Seeds 10:30 One on Ones 11:00 Tongue Drums 1:00 Men's Club 1:30 Sit & Fit 2:00 Uno 3:00 Bingo 3:45 Target Practice 5:30 Folding</p>	<p>20 10:15 Hymn Sing 11:00 Music & Movement 1:30 Balance 2:00 Art Lecture: Rembrandt with Martin Bradfield —LHLR 3:15 Cornhole 4:00 Wine Down 5:30 Evening Strolls</p>	<p>21 10:00 Church Service with Eric 10:30 Music Therapy with Marly 11:00 Ecumenical Service—Ch 1978 1:30 Strength & Stretch 1:30 Dog Visits with Issy 2:15 Bingo 3:15 Mocktails 5:30 Word Games</p>	<p>22 10:30 Nice News 11:00 Sing-Along 1:00 Soccer 1:30 Music Therapy with Molly 2:30 Bowling 3:00 Catholic Communion 3:30 Reminiscence 4:15 Catholic Communion Svs—Aud 5:30 Puzzle Time</p>
<p>23 10:30 Crossword Puzzles 11:00 Bean Bag Toss 1:00 Telephone Game 1:30 Video 2:30 Bingo 3:30 Travel to Rome 5:30 What's Your Verdict?</p>	<p>24 10:00 Catholic Mass—LHLR 10:00 Strength Training 10:30 Ceramic Painting 11:00 Current Events 1:00 Dog Visits with Gracie 1:30 Chair Yoga 2:15 DIY Bird Feeders 3:00 70s Trivia 3:45 Tie Dye 5:30 Evening Tea</p>	<p>25 10:00 Hymn Sing 10:30 Owl Crafts 11:00 Chat & Check-In 1:30 Smoothie Social 2:30 Tai Chi with Mark 2:30 Dog Visits with Rosie/Rudy 3:15 Manicures & Music 3:15 Art Therapy 4:00 Sensory 5:30 Table Games</p>	<p>26 10:30 One on Ones 11:00 Affirmations Watercolors 1:00 Men's Club 1:00 Dog Visits with Winnie 1:30 Sit & Fit 2:00 Button Flower Art 3:00 Bingo 3:45 You Be the Judge 5:30 Folding</p>	<p>27 10:15 Hymn Sing 11:00 Music & Movement 1:30 Balance 2:00 Crafters Corner 3:15 Tovertafel-Club Room 4:00 Wine Down 5:30 Evening Strolls</p>	<p>28 10:00 Church Service with Eric 10:30 Music Therapy with Marly —Ch 1978 11:00 Ecumenical Service 1:30 Strength & Stretch 2:00 Classical Piano Music with Erica—LHLR 3:15 Happy Hour 4:00 Shabbat—Club Rm 5:30 Movie Night and Popcorn</p>	