November 2026

McLean Memory Care Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30: Morning Singing & Exercise 11:00- Crafting for a Cause 1:30- **Music with Molly** 3:00- Welcome November Trivia 3:30- Leaf Sweep and Sort 4:00- Pumpkin Pong 5:30- Tovertafel Daylight Saving Time Ends	**2** 10:00- **Music with Marley** 10:45- Give Thanks Wreath 1:30- Fall Harvest Beading 2:30- Fall Crossword 3:00- Autumn Family Feud 4:00- Let's Play Jeopardy 5:30- Evening Singalong	**3** 10:00- Hymn Sing 10:30- Treasure Art Tuesday 11:15- Tovertafel Tuesday 1:15- **Meadowood Singalong** 2:15- Tai Chi with Mark 2:45- Weekly Word Games 3:30- Color & Sip 5:30- Trivia Tuesday	**4** 10:00- Horticulture with Dawn 10:45- Parachute Balloon Game 11:15- Wednesday Watercolor 1:45- Drumfit 2:15- Finish the Lyrics 2:30- Weight Club: Weight Room Wellness 3:00- Sensory with Sydney 3:00- Manicures with Amy 4:00- Bingo 5:30- Board Games & Banter	**5** **11:00 – 2nd Annual Meadowood Walk to End Alzheimer's** 1:30- Balance 1:30- **Men's Club- MC Club Room** 2:00- Put on Your Thinking Cap: Fruit or Vegetable 2:30- Walk to Laurel House 3:00- **Afternoon Entertainment by Justin D. Gonzalez** 5:30- Wind Down & Color	**6** 10:00- Church Service with Chaplain Eric 10:30- Daily Chronicle & Discussion 11:00- All Saints' Day Ecumenical Worship Service with Communion- Aud./1978 1:30- Move to the Music 2:00- Bingo 2:30- Afternoon Brain Builders 3:00- Donut Worry, Be Happy Hour 4:00- Wind Down Walks 4:00 – Shabbat – Center Bridge Lounge 5:30- Puzzles	**7** 10:30- Morning Stretch 11:00- Coffee Filter Turkeys 1:00- November Monthly Gazette 2:45- What Does it Mean? Game 3:30- Tissue Paper Hedgehogs 5:30- **Evening Entertainment by Keezus**
8 10:30: Morning Singing & Exercise 11:00- Patchwork Pumpkins 1:30- **Music with Molly** 2:30- Eagles Watch Party 4:00- Afternoon Stroll 5:30- Tovertafel Diwali (Hindi)	**9** 10:00- **Music with Marley** 10:45- Pressed Fall Foliage 1:30- Brain Builders 2:00- Pumpkin Dot Painting 3:00- Pumpkin Ring Toss 4:00- Finish the Phrase 5:30- Evening Singalong	**10** 10:00- Hymn Sing 10:30- Tissue Paper Sunflowers 11:15- Tovertafel Tuesday 1:30- Afternoon Singalong 2:15- Tai Chi with Mark 2:30- **Oscar Hammerstein Lecture- LH LR** 3:30- Weekly Word Games 5:30- Trivia Tuesday	**11** 10:00- Horticulture with Dawn 10:45- Parachute Balloon Game 11:15- Adult Coloring 1:45- Drumfit 2:15- Finish the Lyrics 2:30- Weight Club: Weight Room Wellness 3:00- Sensory with Sydney 3:00- Manicures with Amy 4:00- Bingo 5:30- Board Games & Banter Veterans Day Remembrance Day (Canada)	**12** 10:00- Hymn Sing 10:30- **Art Therapy with Maxine** 1:30- Balance 1:30- **Men's Club- MC Club Room** 2:30 – **Monthly Birthday Party with Entertainment by Brian Horoho - LH LR** 3:30 – Fall Watercolors 5:30 – Wind Down & Color	**13** 10:00- Church Service with Chaplain Eric 10:30- Daily Chronicle & Discussion 11:00- Ecumenical Worship Service- Aud./1978 1:30- Move to the Music 2:00- Bingo 2:30- Afternoon Brain Builders 3:00- Bundt-tastic Happy Hour 4:00- Wind Down Walks 5:30- Puzzles	**14** 10:30- Morning Stretch 11:00- Crinkle Tissue Corn Craft 1:00- Afternoon Singalong 2:45- Turkey Ring Toss 3:30- Turkey Feather Colors 5:30- **Evening Entertainment by Doug McLure**
15 10:30: Morning Singing & Exercise 11:00- Harvest Corn Mosaic Art 1:30- **Music with Molly** 2:00- Zoo Animal Trivia 3:00- Virtual Tour: Australia Zoo 4:00- Zoo Bingo 5:30- Tovertafel	**16** 10:00- **Music with Marley** 10:45- Button Leaves 1:30- Guess the Country 2:00- Where in the World? Day Video 3:00- World Day Craft 4:00- Let's Play Jeopardy 5:30- Evening Singalong	**17** 10:00- Hymn Sing 10:30- World Peace Day Craft 11:15- Tovertafel Tuesday 1:15- **Meadowood Singalong** 2:15- Tai Chi with Mark 2:30 – **Afternoon Entertainment by Jimmy Edwards - LH LR** 3:30- Weekly Word Games 5:30- Trivia Tuesday	**18** 10:00- Horticulture with Dawn 10:45- Parachute Balloon Game 11:15- Wednesday Watercolor 1:45- Drumfit **2:15- Resident Council** 2:30- Weight Club: Weight Room Wellness 3:00- Sensory with Sydney 3:00- Manicures with Amy 4:00- Bingo 5:30- Board Games & Banter	**19** 10:00- Hymn Sing 10:30- **Art Therapy with Maxine** 1:30- Balance 1:30- **Men's Club- MC Club Room** 2:30 – **Stories Behind the Words Lecture by Martin Braffield - LH LR** 3:30- Zany Zoom-In 5:30- Wind Down & Color	**20** 10:00- Church Service with Chaplain Eric 10:30- Daily Chronicle & Discussion 11:00- Meadowood Faithful Voices Series - Aud./1978 1:30- Move to the Music 2:00- Bingo 2:30- Afternoon Brain Builders 3:00- Say "Cheese" Mini Quiche Happy Hour 4:00- Wind Down Walks 4:00 – Shabbat – Center Bridge Lounge 5:30- Puzzles	**21** 10:30- Morning Stretch 11:00 – Let's Get Physical: Ladderball 1:00 – Who Am I? Trivia 2:45 – Let's Make Zucchini Bread 3:00 – Saturday Sing-Along 3:30- Zucchini Bread Social 5:30 – Let's Play Uno
22 10:30: Morning Singing & Exercise 11:00- Wooden Feathered Turkey 1:30- **Music with Molly** 2:30- Thanksgiving Crossword 3:00- Thankful Categories 4:00- A-Z Gratitude 5:30- Eagles Watch Party	**23** 9:30- Turkey Trot 10:00- **Music with Marley** 10:00 – **Catholic Mass – LH LR** 10:45- Q-Tip Trees 1:30- Brain Builders 2:30- Pumpkin Seed Art 3:30- Pumpkin Bowling 5:30- Evening Singalong	**24** 10:00- Hymn Sing 10:30- Pumpkin Pie Garland 11:15- Tovertafel Tuesday 1:30- Afternoon Singalong 2:15- Tai Chi with Mark 2:30- **Afternoon Entertainment by Alison Ansorg - LH LR** 3:30- Weekly Word Games 5:30- Trivia Tuesday	**25** 10:00- Horticulture with Dawn 10:45- Finish the Lyric 1:45- Drumfit 2:30- Let's Make Pumpkin Pie 2:30- Weight Club: Weight Room Wellness 3:00- Manicures with Amy 4:00- Bingo 5:30- Board Games & Banter	**26** 10:00 - Thanksgiving Day Parade Watch Party 10:30 – Mimosa Making 11:00 – Thankful Hymn Sing 2:00 – Turkey Target Practice 3:00 - Thankful Craft 4:00 – Thanksgiving Trivia 5:30- Eagles Watch Party Thanksgiving Day (U.S)	**27** 10:00- Church Service with Chaplain Eric 10:30- Daily Chronicle & Discussion 11:00- Ecumenical Worship Service- Aud./1978 1:30- Move to the Music 2:00- Bingo 2:30- Afternoon Brain Builders 3:00- Grateful for Pie Hapy Hour 4:00- Wind Down Walks 5:30- Puzzles	**28** 10:30- Morning Stretch 11:00- Morning Crafters 1:00- Balloon Toss 2:45- Appetizer Day Social & Singalong 3:30- Brain Games: Fruit or Vegetable 5:30- **Evening Entertainment by Calvin Pressley**
29 10:30: Morning Singing & Exercise 11:00- Artist's Sunday Social 1:30- **Music with Molly** 2:30- Balloon Toss 3:00- Thankful for Fall Memories 4:00- Good News Group 5:30- Tovertafel	**30** 10:00- **Music with Marley** 10:45- Decoupage Ornaments 1:30- Afternoon Singalong 2:00- Color & Sip 3:00- Goodbye Fall Tissue Paper Tree 4:00- Finish the Phrase 5:30- Evening Singalong					

Trips:
11/4 - Bowling at Our Town Alley

11/18 - Lunch at Magerks

11/25 - Ride Around Town/Fall Foliage

Type the name, address, and other information about your community/company here.